



Dr. Richard Harding Attended the 46th American Association of Endocrine Surgeons Annual Meeting

Dr. Richard Harding was pleased to participate in the 2026 AAES Annual Meeting at the Central Bank Center in Lexington, Kentucky

PHOENIX - April 27, 2026 - [PRLog](#) -- As a premier gathering of global leaders in endocrine surgery, the AAES Annual Meeting held from April 18–20, 2026, served as a vital platform for sharing groundbreaking research and clinical advancements. Dr. Harding joined esteemed colleagues to explore this year's theme, "Strengthening Our Connections," which focused on the latest innovations in the treatment of thyroid, parathyroid, adrenal, and neuroendocrine disorders.

The three-day program featured a robust scientific agenda, including:

- **Scientific Sessions:** Presentations of the latest peer-reviewed research and clinical papers.
- **Expert Panels:** Discussions on the Practical Applications of Artificial Intelligence in Endocrine Surgery.
- **Historical & Distinguished Lectures:** Insights from leading figures such as Dr. Daniel Hashimoto and Dr. Wen T. Shen.
- **Breakout Sessions:** Deep dives into the new ATA Guidelines and perioperative care for adrenalectomy.

"I was honored to attend this year's AAES meeting in Lexington and catch up with colleagues," said Dr. Harding. "The opportunity to collaborate with the world's foremost endocrine surgeons and bring back the latest surgical techniques and evidence-based practices is invaluable for providing the highest level of care to my patients."

https://youtu.be/ZNsmcrD8-jE?si=OHV3AFmjlsBAGt_i

As a pioneer in minimally invasive thyroid care, Dr. Harding's attendance underscores his commitment to bringing the latest evidence-based practices to his patients in the Phoenix area. His participation focused on cutting-edge innovations, including:

- **Practical Applications of Artificial Intelligence (AI)** in endocrine surgery.
- **New American Thyroid Association (ATA) Guidelines** and perioperative care.
- **Scientific Sessions** featuring peer-reviewed research on thyroid, parathyroid, and adrenal disorders.

About Dr. Richard J. Harding, MD, FACS

Dr. Richard Harding is a board-certified general and endocrine surgeon specializing in the treatment of thyroid, parathyroid, and adrenal disorders. With a focus on innovative, non-surgical alternatives like RFA and nsPFA, he remains at the forefront of surgical excellence and patient advocacy. Dr. Harding leads **Arizona Endocrine Surgery** and also serves as the Medical Director of the **Thyroid Nodule Treatment Center**. He is an Associate Professor at Creighton University School of Medicine and an Assistant Clinical Professor at the University of Arizona College of Medicine.

<https://azendosurg.com>

<https://azthyroidnodule.com>

About AAES

The American Association of Endocrine Surgeons (AAES) is dedicated to the advancement of the science and art of endocrine surgery. The AAES is committed to providing surgical expertise in diseases of the thyroid, parathyroid, adrenal glands as well as in neuroendocrine tumors of the pancreas and GI tract.
<https://endocrinesurgery.org>

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