



## **Non Surgical Option for Benign Thyroid Nodule Treatment with Dr. Richard Harding in Arizona**

*Phoenix endocrine surgeon Dr. Richard Harding provides a minimally invasive, non surgical treatment option—Nanosecond Pulsed Field Ablation—for benign thyroid nodules, offering a safe and effective alternative to conventional thyroid surgery*

**PHOENIX - Feb. 6, 2026 - [PRLog](#)** -- Since introducing Nanosecond Pulsed Field Ablation (nsPFA™) treatment in 2025, Richard J. Harding, MD, FACS, has continued to expand access to this non surgical option for patients with symptomatic benign thyroid nodules. As one of the earliest U.S. physicians to adopt nsPFA™, Dr. Harding is now seeing increased interest from primary care providers, endocrinologists, and ENT specialists seeking alternatives to conventional thyroid surgery.

Pulse Biosciences, the developer of nsPFA™ technology, recognizes Dr. Harding's leadership in bringing this innovative, non thermal ablation method to patients in the Phoenix region.

"nsPFA represents a meaningful advancement in thyroid nodule care," said Doug Polzin of Pulse Biosciences. "Traditional thermal ablation methods such as RFA and microwave ablation rely on heat, which can pose risks to surrounding structures. nsPFA uses ultrashort electrical pulses to precisely target nodule tissue while preserving nearby nerves and critical anatomy. We're excited to see physicians like Dr. Harding bringing this technology to patients who want a safe, effective, non surgical option.

Benign thyroid nodules are common and can cause pressure, discomfort, difficulty swallowing, or cosmetic concerns. Historically, patients seeking relief often faced limited choices: monitoring, medication, or surgery. nsPFA™ offers a new pathway—one that precisely targets nodule tissue while preserving surrounding structures and avoiding the risks associated with heat-based ablation.

<https://youtu.be/1eG6x0W9CW0?si=VROgIiIq4JDzKSns>

"In my practice, nsPFA™ has shown excellent outcomes with minimal downtime," said Dr. Harding. "Patients appreciate having a non-surgical option that preserves thyroid function and allows them to return to normal activities quickly."

### **About the Thyroid Nodule Treatment Center:**

The Thyroid Nodule Treatment Center, specializes in the diagnosis and treatment of thyroid nodules. The mission of the Thyroid Nodule Treatment Center (TNTC) is the preservation of normal thyroid function while treating benign symptomatic thyroid nodules using the most advanced minimally invasive treatments available. Under the expert leadership of Dr. Richard Harding, the center is committed to providing patients with the latest and most effective treatment options in a compassionate and supportive environment.

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<https://thyroidnoduletreatment.center>

About Pulse Biosciences, Inc.

Pulse Biosciences is the inventor and sole proprietor of Nanosecond Pulsed Field Ablation™ (nsPFA™) technology. We are committed to health innovation that has the potential to improve and extend the lives of patients. Our proprietary Nanosecond Pulsed Field Ablation technology delivers nanosecond pulses of electrical energy to nonthermally clear cells while sparing adjacent noncellular tissue.

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