

The Back & Neck Relief Center MASSAGE REVOLUTION

**Treat Yourself Right This Summer With LA's Best Massage Therapy for Serious Pain Relief
Near You!**



LOS ANGELES - Aug. 8, 2022 - [PRLog](#) -- A [massage](#) near you may be the solution to an amazing healthy summer this year.

Between sky-high gas prices, unreliable flights, & overbooked hotels, many people are opting to vacation at home this summer.

Let's face it, traffic jams, screaming kids, mediocre food don't add up to the most relaxing vacation experience.

To get reliable bang for your buck, [massage therapy](#) for pain relief can't be beat.

Aches & pains are part of life.

You don't have to feel this way.

Pain in back/neck muscles, hips/shoulders, or anywhere else is most often due not to things like car accidents or degenerated spinal discs, but to trigger points.

Trigger points are tiny muscle cramps. They pop up just about anywhere & cause no end of trouble.

Trigger points have two setting: latent or active.

Latent trigger points make you feel stiff, sore, old. They are the thing that make you groan when you go to get up in the morning.

Active trigger points feel sharp, sometimes even electrical, & immobilize you.

Trigger points are extremely common. Everyone has at least a few.

The upside to knowing this is that there is a 100% natural treatment for those achy gremlins, called [neuromuscular massage therapy](#).

"Helping people get out of pain so they can relax is a top priority," Michael Greenspan says. He is the founder and owner of Massage Revolution's Back and Neck Relief Center located in Manhattan Beach. With some 30 years in the massage biz, he knows a thing or two about stress-relief. He adds, "Whether people are local or visiting from out of town, we're happy to help."

[Neuromuscular massage](#) aka trigger point therapy also works on a number of other issues besides sore muscles that most people don't necessarily every think of.

Some of the problems that can be solved with trigger point work include IBS, GERD, and ED, along with more generalized complaints including allergy symptoms, headaches, digestive complaints, and menstrual pain.

Trigger point massage therapy is the perfect complement to any vacation, at home or away because it is completely natural, does not require a referral from a physician, and does not cause negative side effects.

Even if you've been feeling the pain for years, [neuromuscular massage](#) works and offers long-lasting relief.

Los Angeles' own [Massage Revolution's Back and Neck Relief Center](#) is the largest trigger point massage clinic in the world. The staff is made up of 45+ highly-trained therapists who are ready and waiting to help.

[PPO insurance](#) is accepted and membership savings plans are also available.

To schedule an appointment or for more information, please visit here.

Call/Text 310-798-4263

<https://youtube.com/shorts/Egxoy-BiQKU?feature=share>

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Source	Massage Revolution's Back/Neck Relief Center
City/Town	Los Angeles
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