

Activated Health & Wellness Expanding Services in Gilbert, Arizona



Activated Health & Wellness, a medical practice dedicated to providing personalized, whole patient care.

GILBERT, Ariz. - Jan. 18, 2021 - [PRLog](#) -- Dr. Melody Medawar Rodarte, DO, FACP and owner at Activated Health & Wellness is pleased to announce the addition of Megan Spears, an Adult Nurse Practitioner specializing in primary care and wellness services since 2007.

Ms. Spears has been in the healthcare field since 1999. She received her Bachelors and Masters Degree from Arizona State University in 2004 and 2007 respectively. Megan is also a member of the American Academy of Nurse Practitioners, The Institute for Functional Medicine, International Association for Providers in Aesthetic Medicine and a member of the Arizona Independent Nurse Practitioner Consortium. Her love of health and caring for others is rooted in her Christian background.

Activated Health & Wellness is a medical practice dedicated to providing personalized, whole patient care. Dr. Rodarte specializes in Medical Weight Loss services including and not limited to:

- Diabetes
- Hypertension
- Hyperlipidemia
- Arthritis
- Sleep Apnea
- Autoimmune and gut health issues

Dr. Rodarte also provides personalized medicine – customized to each patient's healthcare needs – and medical aesthetics including Botox, fillers, and professional skin care.

If you would like to learn more about Activated Health & Wellness or schedule a consultation with Dr. Melody Medawar Rodarte or Ms. Megan Spears visit www.Activated.Health.

About Dr. Melody Medawar Rodarte

Dr. Melody Rodarte, DO, a double-boarded Internal and Obesity Medicine Specialist, also certified in Medical Aesthetics, where patients experience true integrated care. For years, integrated care has been a term that reflects a concern to not only improve upon the overall patient experience, but most importantly to achieve greater efficiency and value from health delivery systems. Dr. Rodarte's passion for treating

patients, along with a science-based approach to improving quality of life isn't limited to treating diagnoses; rather she is focused on achieving optimum health from the inside-out.

About Activated Health & Wellness

Activated Health & Wellness is a boutique practice where patients experience customized care in a warm and inviting, upscale setting. We provide treatments, products and services personalized to patients' individual needs. It's not uncommon for Dr. Rodarte to collaborate with a patient's provider team in identifying the root cause of disease and deficiencies. This integrative, whole-person care approach produces optimal results; collaborating with other modalities of practitioners delivers successful outcomes.

Contact

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Source	Activated Health & Wellness
City/Town	Gilbert
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