



## Clinical Research Study on Diabetes in Men

*Four (4) individuals DIE every day from diabetes! African-American males have more than twice the death rate compared to white males. American Indians have the largest diagnosed diabetes rates among all examined racial and ethnic groups.*

**NORTH MYRTLE BEACH, S.C. - July 16, 2019 - [PRLog](#)** -- Kami Redd & Co., a Nutrition Education Company in the North Myrtle Beach Area that specializes in Weight Management, Medication Detox, Food Intolerance Counseling, Emotional Eating Counseling, & Meal Preparation is hosting a nutrition-based research study to combat TYPE 2 DIABETES & PREDIABETES.

This research will keep track of blood glucose concentrations, levels of A1C, blood pressure, weight, eating practices, and levels of exercise over a 6-month period.

We will provide participants in the Carolina region with diabetic-friendly meals, a wellness journal, weekly group meetings, wellness checks, nutritional counseling, & group fitness activities.

The aim of this project is to record the impacts of adequate diet & exercise on reversing colored men's disease.

We have created a meal plan intended to balance and maintain normal concentrations of glucose in the body while still enabling the comforts of everyday living.

The research will evaluate daily self-taking glucose rates, weekly professional glucose levels, monthly A1C levels, weekly blood pressure levels, activity levels, & weekly eating patterns of thirty (30) males of Native American, African American, Latino, & Asian descent.

Participants must be men of color between 18-60 years of age that have been diagnosed with diabetes & prediabetes.

**For more information:** <https://nutritionisthecure.now.site/>

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