



Personal Reflections on Family, Love, and Loss Set to Offer Support

New Jersey Writer Nancy Gerber's Collection of Short Essays Just Released

BRUNSWICK, Maine - May 2, 2019 - [PRLog](#) -- Bookstore shelves are filled with self-help books. But sometimes what's needed is to know how another person has dealt with life's typical trials as well as joys. That perfectly describes New Jersey writer Nancy Gerber's latest book, *The Dancing Clock*.

Gerber uses the image of a clock doing a manic waltz to explain how time changes as you age. Fleeing time's endpoint is useless; we are all mortal. So Gerber recommends taking time by the hand and dancing along with it.

The Dancing Clock is a collection of short essays or vignettes in which she talks about events in her life. Being a psychotherapist, Gerber also talks about these various events in terms of her emotions, perceptions, and values. This is the gem—a book that describes some very ordinary events through the lens of someone who has thought a lot about life's journey and the wisdom we all gain along the journey. With humor and pathos, Gerber explores themes of motherhood, daughterhood, writing, and reconciliation as she reflects on growing up—and growing older—in the Garden State.

Nancy Gerber's previous books are *A Way Out of Nowhere: Short Stories* (Big Table Publishing, 2018); *Losing a Life: A Daughter's Memoir of Caregiving* (Hamilton, 2005); and *Fire and Ice: Poetry and Prose* (Arseya, 2014), named a Notable Book in Poetry in the Shelf Unbound Indie Books Competition. Her writing has appeared in *The New York Times*, *Mom Egg Review*, *Adanna Literary Journal*, *Forge*, *Persimmon Tree*, and elsewhere. She received a Ph.D. in English from Rutgers University, an M.A. in psychoanalysis from the Boston Graduate School of Psychoanalysis—New Jersey, and is completing psychoanalytic training at the Academy of Clinical and Applied Psychoanalysis in Livingston, New Jersey. She lives with her husband in northern New Jersey.

Released in late April, *The Dancing Clock* (https://www.shantiarts.co/uploads/files/IRWIN_LITTLE.html) is published by Shanti Arts Publishing (<https://www.shantiarts.co/>), Brunswick, Maine. It is available in both print and digital formats.

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<http://www.shantiarts.co>

Contact

Christine Cote

***@shantiarts.com

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