



## **Art of Strength Fitness™ Announces Grand Opening in Irvine August 26, 2018**

*Advanced personal training facility offers 1-on-1 training with renowned fitness experts and state-of-the-art equipment, so you can train to exceed your limits.*

**IRVINE, Calif. - Aug. 13, 2018 - [PRLog](#)** -- Art of Strength Fitness™ is pleased to announce it is now open for fitness and healthy lifestyle needs. A grand opening celebration will take place on Sunday, August 26 from 1:00 to 4:00 p.m. at 16510 Aston Street in Irvine.

Mike O'Hearn will kick off the festivities at 1:00 p.m. with complimentary entertainment, food, and refreshments. Guests can also enjoy meet-and-greets with fitness trainers and sports celebrities, and other great surprises! Attendees can tour the all-new, private fitness facility with the latest and most innovative equipment and enter for a chance to win training packages with personal trainers.

Art of Strength Fitness™ specializes in custom, personalized strength programs including strength training, athlete conditioning, corporate and work environment training, celebrity exclusivity, weight and nutrition management, pregnancy specialists, and more.

Conveniently located in Irvine nestled between Tustin and Costa Mesa, Art of Strength Fitness™ serves all of Orange County. The new facility offers, top-of-the-line fitness equipment, pristine private showers and dressing rooms, TV and music to fuel workouts, and air conditioning running on hot, summer days. Its mission is to provide an outlet for nurturing a fit and healthy lifestyle all year round.

Tours and special pricing with fitness trainers will be available during the grand opening on August 26, 2018.

Learn more at [www.artofstrengthfitness.com](http://www.artofstrengthfitness.com) or call us at (949) 536-7099.

### **Media Contact**

Media: Laurice Nahas

Sales: German Hernandez

[info@artofstrengthfitness.com](mailto:info@artofstrengthfitness.com)

(949) 536-7099

--- End ---

Source Art of Strength Fitness

City/Town Irvine

State/Province California

Country United States

Industry [Fitness](#)

Tags [New private fitness facility in Irvine](#), [Strength Training](#), [Athlete Conditioning and Fitness Experts](#)

Link <https://prlog.org/12723850>



Scan this QR Code with your SmartPhone to-

- \* Read this news online
- \* Contact author
- \* Bookmark or share online