

## Self-Help Book Set For Release This Week

*A powerful guide to Self Improvement, Happy Lasting Marriage and Relationship. A must read for everyone. Don't Miss It.*

**CAIRNS, Australia - Jan. 22, 2018 - [PRLog](#)** -- This **Two-in-one book** is a refreshing guide for people seeking to make a positive change in their lives this NEW YEAR. be it self Improvement, marriage or relationship.

**Twenty-six Steps to a Better You**, is a self-help book for inspiration. Written with the aim to motivate people seeking to challenge themselves, rebuild their lives, and achieve positive results in their endeavour. Enriched with simple, helpful, relatable ideas and personal stories to encourage you on your journey to self discovery , character building and self achievement, this book is your ultimate personal guide.

The aim of **Seven Misconceptions about Marriage;** book is to help couples debunk the myths about what actually makes a marriage work. to help them understand what they should do Instead. couples will find answers to the following burning questions that many couples are seeking?.

1. Are you and your spouse/partner struggling to communications effectivity.
2. Have you unknowing created unrealistic expectation in your marriage, that you're finding hard to realise.
3. Have you been trying to finds answers on how to make your marriage work, yet you're not getting results:

This book has explained the issues, debunks the myth and has poured insightful and proven tips to help you turn your marriage into a blissful, lasting union.

**Get your copy today on Amazon and Kobo.**

For more information visit the website - [7misconceptionaboutmarriage.com](http://7misconceptionaboutmarriage.com)

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