



The Solo System, Vol.1 The Atlas and The Map of the Will, The Solo System Workbook 1.1

A groundbreaking model of human consciousness to initiate paradigm shifts in the inner world

Oct. 10, 2014 - [PRLog](#) -- **The Solo System** is a comprehensive reference guide for the heroic journey of anyone looking to follow their calling and fulfil their life's purpose. *Volume I, The Atlas*, clearly outlines a conceptual 'Map of the Inner Universe'. It includes detailed descriptions of eight Faculties of Human Consciousness – *Will, Soul, Inspiration, Intuition, Imagination, Instinct, Intellect, Body*.

Volume 1 of *The Solo System* is accompanied by 8 Workbooks. The *first workbook* in the series **The Map of the Will** was released this week. Both books are available on Amazon in eBook and paperback formats.

"The Solo System opens a path to self-knowledge. The destination of this path is self-realisation. The main reason for working with the Solo System is to become more authentic." (The Solo System, p. 23)

The Solo System is the result of one woman's epic journey through life. *Veronika Bond*, born in 1955 to German parents, has been a spiritual seeker all her life. She received the material for the Solo System in 1998 through inspiration after a deep and transformational personal crisis. It has taken her 17 years of writing, researching, and exploring the farthest reaches of the inner world to bring the book into its current form. Find more information about the author on

<http://innerjourneyproject.com/author/>

The Solo System, Vol. 1 The Atlas was first published by Inner Journey Books in September 2014. More information and a downloadable excerpt are available on <http://innerjourneyproject.com/downloads/>

An introductory book with the title **Initiation to the Inner Journey**, *an introduction to The Solo System*, was also published on Amazon in eBook and paperback formats in September 2014. A free pdf version is available to download on <http://innerjourneyproject.com/>

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