



## **Perth Chiropractor Using Arthrostim Instrument Adjusting**

*Perth chiropractor Stacey Burke of Hillarys chiropractic center West Coast Family Chiropractic discusses some of the advantages of using the state of the art arthrostim adjusting instrument.*

**Aug. 30, 2010 - [PRLog](#)** -- As with many of the health professions, chiropractic has continued to develop advanced instrument adjusting technology. The advantages of instrument adjusting are many, but first let us examine exactly what is instrument adjusting? The ArthroStim is an adjusting instrument that is an alternative to manual adjustments.

At our Perth chiropractic office like many other offices worldwide now, we use the ArthroStim adjusting instrument. I believe that this instrument offers technological advances that are not available from other instruments and products in the marketplace. Being able to employ multiple techniques, styles and technologies I feel we are able to address a wide variety of challenging and debilitating cases that we often see.

Instrument adjusting is not new. However over the past 25 years or so, the advances in technology have seen the effectiveness and versatility of the instruments improve at a rapid rate. Research initially began in the early days using a modified dental instrument on animals. Then focusing on force, speed, vertebral movement and the neurophysiology of the body, research was begun on human subjects.

The ArthroStim instrument that we use in our office is specifically designed to deliver gentle, safe and precise chiropractic adjustments to the spine and other joints. If proper function can be restored the benefits may include, pain relief, improved range of motion, increased immune function, and improved general overall well being.

Different force settings can be used in different areas of the body. Different force and frequency settings allow the practitioner to select the appropriate force settings for safety, effectiveness and achieving the best results with patients. The instrument can be adjusted to deliver from a few ounces of force up to 40 pounds of force.

The instrument produces 12 thrusts per second. Multiple thrusts or single thrusts can be utilised depending on the area of the body being adjusted. Single thrust adjusting may be more indicated for articular adjusting or extremities. The multiple thrust application may be used for misaligned or fixated musculo-skeletal areas. These rapid successive adjustments allow the practitioner to administer a more comfortable, effective adjustment. Here is a link to a great short video explaining the instrument:

<http://www.youtube.com/watch?v=7TBi6iwV74I>

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West Coast Family Chiropractic in Hillarys is focused on restoring the health of our families and community through natural chiropractic methods, community outreach, and education.

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[Instrument Adjusting](#)  
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