



## **Retreat into Yoga at Palermo Hotel & Resort in San Juan del Sur, Nicaragua**

*Affordable packages for travellers seeking daily yoga practice while spending time in the sun. Visitors explore inner wellness and dramatic natural beauty.*

**March 15, 2010** - [PRLog](#) -- Daily sunrise and sunset yoga sessions on your patio, poolside or on the beach. Like to sleep a little later? Schedule yoga sessions at your convenience. Palermo Hotel & Resort, overlooking the bay of San Juan del Sur on Nicaragua's southern Pacific coast, invites you to visit with your friends! Enjoy seven nights for two with breakfast and airport transportation under US\$2,000.

Add eco-luxury and adventure to your stay and spend a couple nights at Balcones at Majagual Eco Resort <http://www.balconesatmajagual.com> overlooking Maderas surf beach. Looking for more? Add spa treatments, salon services, canopy zip line tour, fishing, snorkeling and surfing. For the more laid-back tourist "give back to the community", spanish language school or local craft market activities complement yoga practice.

The Palermo Hotel & Resort "YOGI" package prices includes:

- \* 7 nights in a fully-equipped, oceanview villa
- \* daily full breakfast, served poolside with ocean views
- \* free pickup and return to the Managua airport or Costa Rican border
- \* free sunset cruise
- \* free shuttle to hotel beach club in San Juan del Sur
- \* free shuttle to shopping and dining in San Juan del Sur

7 nights, plus 15% IVA tax, not available holidays:

1-2 guests in 1 suite villa - US \$1,900 per villa  
3-4 guests in 2 suite villa - US \$2,500 per villa

San Juan del Sur's most private luxury brand offers a choice of one suite villas, two suite villas and a truly upscale experience in the outstanding luxury villas nearest to the clubhouse. Palermo Hotel and Resort offers an unmatched San Juan del Sur experience; and has brought an innovative touch to Nicaraguan hospitality with the perfect combination of style and affordability mixed with dramatic architecture and global marketing.

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About Palermo Hotel and Resort:

The Palermo Hotel and Resort is located in San Juan del Sur, a city that bridges Costa Rica and Nicaragua on the Pacific Ocean. The hotel features 100 suites in 50 villas, flexible in-room work spaces, full-kitchens and room service, wireless broadband connectivity throughout the property, as well as both large and small, air-conditioned conference and meeting spaces. Terraza de Palermo Restaurant and Bar offer a dramatic dining experience overlooking the tropical pool and sunsets into the Pacific Ocean. Further information

available from the hotel at 1.800.613.2960 or <http://www.villasdepalermo.com>

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