

Rockford, Illinois: Sleep Apnea Treatment, I Hate CPAP! Provides Answers To CPAP Problems

Patients with sleep apnea frequently do not tolerate cpap. I hate cpap.com offers comfortable alternatives to cpap

Sept. 17, 2009 - [PRLog](#) -- Sleep apnea is a serious medical problem affecting millions of Americans. The majority of patients with sleep apnea have not yet been diagnosed. Snoring and symptoms of daytime sleepiness, high blood pressure, memory problems, tiredness and other problems frequently re associated with the problem.

Patients diagnosed with sleep apnea are usually prescribed CPAP. CPAP or Continuous positive air pressure is considered the gold standard for treatment but the majority of patients do not tolerate CPAP).

<http://www.ihatecpap.com> is the premiere site offering information on sleep apnea and treatment with comfortable oral appliances. Patients from Rockford frequently travel to Gurnee, Illinois to see Dr Ira L Shapira for help. Dr Shapira has recently formed Chicagoland Dental Sleep Medicine Associates that has an office in Schaumburg that is more convenient for Rockford patients.

Dr Shapira has over 25 years experience treating sleep apnea and snoring and entists come from across the U.S. to take his Dental Sleep Medicine courses. Patients who hate CPAP or just want to stop snoring should contact Dr Shapira. "Better Sleep will lead to a better life" according to Dr Shapira. Contact Dr Ira L Shapira toll free at 1-8-NO-PAP-MASK.

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information on sleep apnea, sleep apnea treatment and cpap alternatives are available at www.ihatecpap.com This is the premiere site for the promotion of Dental Sleep Medicine and Sleep Apnea Dentisits.

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