Swine Flu virus is your family protected



America's central repository for emergency contact information, is urging the general public to register themselves and their loved ones with NOKR's emergency contact system

April 27, 2009 - <u>PRLog</u> -- Washington, D.C. -- The Next of Kin Registry (NOKR), America's central repository for emergency contact information, is urging the general public to register themselves and their loved ones with NOKR's emergency contact system as the country works to halt the spread of the Swine Influenza A HINI virus infection.

Human cases of swine influenza continue to increase in the United States and internationally. To mitigate the potential upheaval of a pandemic, NOKR is issuing the following precautionary tips:

- ? Register your emergency point of contact / next of kin at NOKR: www.nokr.org.
- ? Create a free NOKR Registration Card.
- ? Store your NOKR registration card some place visible like your, Wallet, Purse, Backpack, Vehicle Glove Box or on the front of your Refrigerator.
- ? Make your information water / weather resistant by laminating.
- ? If possible list an instate and out of state point of contact for you or your family, example (brother, sister, mother, father, best friend, neighbor, attorney, etc.)
- ? If possible, list more than one person to be contacted if an urgent need arises.
- ? Make sure you have up to date contact information for your contact person(s).
- ? Medical power of attorney, establish who can make decisions for you when you cannot.
- ? Document your blood type, allergies, current medications and dosages, and current and previous medical conditions of each family member. Like much of the planning for a pandemic, this can also help prepare for other emergencies.
- ? Never travel locally, nationally or internationally with out the above information.

About NOKR

The Next Of Kin Registry (NOKR) was established as a FREE tool for daily emergencies and national disasters. NOKR is your emergency contact system to help if you or your family member is missing, injured or deceased.

NOKR is a humanitarian non-profit 501(c)(3) dedicated to bridging rapid emergency contact information. NOKR was established in January 2004, for daily emergency situations. NOKR is now listed on more than 92% of all State websites, the American Red Cross, Homeland Security Disasterhelp.gov, USA.gov and other federal agencies, as a critical resource for daily emergencies. For more information please contact Mark Cerney at (202) 730-9764 or visit NOKR's website at www.nokr.org

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www.nokr.org

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Infection

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