

## **Christian Drug Treatment Center and Alcohol Rehab in Florida**

*Christian drug treatment has proven successful for Delray Beach, Florida drug and alcohol treatment center Transformations Treatment Center.*

**March 23, 2009** - [PRLog](#) -- Christian drug treatment is one of, if not the most, popular option for drug addicts who are trying to find a rehabilitation center to help them get sober. There are all sorts of different types of drug addiction treatment programs available and most of these programs have great success in helping people kick their drug habits. While there are many different types of addiction treatment centers, experts agree that Christian based rehab programs are the most helpful for addicts trying to get sober. Why are these Christian rehab programs so successful? What makes them different from non-Christian based approaches?

Before readers can understand the benefit of Christian based addiction treatment it is important to look at all of the different types of addiction treatment that are available. There are drug addiction recovery programs that medicate their patients to help keep the drug cravings away and help patients manage their withdrawal symptoms. Some drug addiction recovery centers focus on an "abstinence only" policy and force addicts to give up their drug of choice immediately upon being admitted to the program. There are intense in-patient drug addiction recovery programs and relaxed "go at your own pace" out patient drug addiction treatment centers.

In-patient Christian drug treatment centers are easily defined. The drug addict checks himself into the drug rehabilitation center and remains "in treatment" for anywhere from a few weeks to a few months. The patient decides the length of his treatment when he checks in. Some in-patient Christian rehab programs last for three weeks. Other in-patient Christian drug treatment centers can hold patients for as long as six months. The length of the addict's stay depends upon a few factors the most important of which is the strength of the individual's drug addiction. Some addicts only need twenty one days. Others need half a year to get and stay sober.

There are a lot of different kinds of out-patient Christian drug treatment programs. Some drug rehab programs are court ordered and the drug addict is forced to show up for and participate in a variety of therapy appointments, meetings and drug tests. Some programs are done on a voluntary basis and can be planned around the drug addicts work and family schedules. A lot of out patient Christian rehabilitation centers offer addicts medication. The medication will help the addict deal with drug cravings and smooth out the symptoms of withdrawal that he will go through when he stops using his drug of choice. These clinics are very popular among addicts who suffer from meth addictions.

There are both in-patient and out-patient Christian drug treatment centers. In addition to the type of treatments an addict will receive at other types of drug rehabilitation, addicts at a Christian center will also attend a variety of Christ-based programs. Addicts who are checked into a Christian drug recovery center will take classes in bible study, attend regular church services and have individual sessions with a therapist who will teach the drug addict how to incorporate Christian philosophy into his life and how to use it to help him stay sober. The facility will use Old Testament scriptures and work done by Christian scholars in addition to placing a great deal of emphasis upon the teachings of Jesus Christ.

Transformations Treatment Center  
Drug and Alcohol Treatment  
Christian Drug Treatment  
<http://www.transformationstreatment.com>

Christian drug treatment provides a number of benefits that cannot be found at a more secular rehabilitation facility. Addicts who found sobriety by entering a Christian drug treatment center say that it was the Christian teachings and way of life that helped them find sobriety. There are many passages in the Bible (both New and Old Testament) that can give an addict guidance for his addiction and how to overcome it. Attending church services regularly also helps drug addicts get sober because it combines regularly scheduled activities with a built in supportive community that can easily be found in the outside world as well as at the rehab center.

There are plenty of reasons an addict should choose a Christian drug treatment program over other types of rehabilitation treatment. The largest reason to choose Christian drug treatment is the built-in supportive community that can be re-created in the "outside world" when the addict leaves rehab and finds a community church to attend. The unity of philosophy and theme provided by the Christian philosophical teachings help drug addicts stay focused upon their recovery. There is also an overwhelming sense of comfort that addicts get from being surrounded by people who are going through the same thing and who believe the same way that they do.

Readers might be surprised to learn just how beneficial the Christian faith can be when drug addicts work to get sober. The truth is that Christian drug treatment centers are usually successful even after other types of rehabilitation have failed.

For more information about Christian Drug Treatment <http://www.transformationstreatment.com>  
866-211-5538

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Transformations Treatment Center is a 12 step based drug and alcohol treatment center located in Delray Beach, Florida. Transformations offers a Christian drug treatment program for those who want to explore their faith while learning about the disease of addiction and alcoholism.

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