

## VoiceAmerica Presents “Live With The Lights On” With Katy Manna

*Katy Manna of Illuminated Path LLC launches her new live internet talk radio show called “Live With The Lights On” on the VoiceAmerica’s 7th Wave channel.*

**July 31, 2008 - [PRLog](#)** -- Katy Manna, a life coach, a Kundalini Reiki Master, Chopra certified Yoga instructor, intuitive healer, and owner of Illuminated Path LLC [www.livewiththelightson.com](http://www.livewiththelightson.com) , will host her new radio show, “Live With The Lights On” starting Monday, August 4, 2008 at 7 AM PST on VoiceAmerica’s 7th Wave channel <http://www.modavox.com/7thwavenetwork> The show is re-broadcast 12 hours later and available through a 24/7 archive at the computer and through web enabled cell phones, nationally and internationally, away from the computer.

At age 21, Katy lost 110 pounds and, in the process, she lost herself. Her new body was foreign to her. She felt disconnected; not only from her physical being, but from her spirit and from the world. It felt safer to hide from herself and the world and to live at a fraction of her potential than it was to embrace her true self and live at 100% fulfillment.

Katy discovered on her journey to self actualization that “there is a connection between mind, body and spirit; that awareness of that connection and balance within the whole is essential to creating a life of passion and possibility; and that the place of wholeness is the place of safety — the firmest ground there is.”

Katy is also a member of the Yoga Alliance and International Association of Reiki Professionals as well as being an EFT Practioner, medium, and an ordained minister. Katy’s life purpose is as simple and straightforward as the lady herself; “To help others liberate themselves from self-imposed prisons so that they may live authentically and powerfully in the world.”

Commence your own jouney on the illuminated path by signing up for Katy’s Ezine at her website [www.livewiththelightson.com](http://www.livewiththelightson.com) or call 410-733-5063. Remember “Energy flows where your attention goes.”

Executive Producers Stephan Jacob and David Korus 480-294-6423

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LIVE Internet Talk Radio We help individual communicators around the world maximize the results of their media relations efforts. Using the LITR digital platform, people recognize the value of ramping up their marketing efforts by synergizing their radio, TV and internet strategies to create bankable ROI's

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