Smithers Alcoholism Treatment and Training Center Opening at St. John's Riverside Hospital



St. John's Riverside Hospital has announced the opening of the Smithers Alcoholism Treatment and Training Center at its ParkCare Pavilion. The new center offers both inpatient and outpatient treatment services for alcoholism and drug dependence.

July 16, 2008 - <u>PRLog</u> -- St. John's Riverside Hospital is pleased to announce the opening of the Smithers Alcoholism Treatment and Training Center at its ParkCare Pavilion site in Yonkers, NY. The new Smithers Center will offer both inpatient and outpatient treatment services for alcoholism and drug dependence as well as a training center that will provide education and training programs for counselors, nurses, physicians, medical students and other allied health professionals in the field.

Smithers Center inpatient services will include two gender-specific, 28-day rehabilitation units. The new 20-bed women's unit and the 26-bed men's program each offer structured, comprehensive services targeted to the unique treatment needs of male and female patients. The multidisciplinary treatment team provides education about treatment and recovery, group and individual counseling, 12-step programming and discharge planning that supports continued treatment, self-help and the resumption of a healthy and alcohol and drug-free lifestyle. Psychiatric consultation services are available and patients with co-occurring mental health disorders are also welcome.

The Smithers Center also offers full-service outpatient clinic programs in Yonkers, Mount Vernon and White Plains. Each program provides a broad range of services appropriate for adults, adolescents and family members. Flexible day and evening hours and varying levels of intensity also make the programs convenient for those who work, go to school or who need a step-down level of care. All Smithers Center programs view alcoholism and drug dependence as a disease and adhere to the abstinence-based, "twelve step model" of recovery.

For more information on these programs please call 914-964-7537.

"St. John's is so pleased that we have the opportunity to bring the Smithers name and the credibility it implies to the forefront of the services that we provide. Their reputation and our programs and experience will further enable us to serve a community where there is a great need," said Brian Kaley, Vice President of Behavioral Health Services at St. Johns.

Jim Foy, President and CEO of St. John's stated, "St. John's is fortunate to have a great friend in the person of Adele Smithers. Her devotion to this cause is world-renowned, and we are so pleased to be in the

position to carry on her work."

Founded in 1952, The Christopher D. Smithers Foundation is renowned for its commitment to the prevention and treatment of alcoholism and alcohol abuse and for the recognition of alcoholism as a treatable disease.

St. John's Riverside Hospital has operated alcoholism and drug dependence treatment programs since 1967 and is a leading provider of services in Westchester County and the New York metropolitan area. The new collaboration will support current and expanded inpatient and outpatient treatment programs as well as prevention, education and training for professionals in the field including a 350-hour OASAS accredited CASAC Training Course.

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About St. John's Riverside Hospital: St. John's Riverside Hospital has operated alcoholism and drug dependence treatment programs since 1967 and is a leading provider of services in Westchester County and the New York metropolitan area. The new collaboration will support current and expanded inpatient and outpatient treatment programs as well as prevention, education and training for professionals in the field including a 350-hour OASAS accredited CASAC Training Course.

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