

## A Way To Improve Your Darts

*When you first begin to play darts, you tend to improve quickly as you play more. Eventually though you hit a wall as you reach your plateau. Even with more effort and practice you still seem to play to a similar standard, so what's the answer?*

**Feb. 7, 2008** - [PRLog](#) -- You can continue to bang on while getting more and more frustrated, or you can opt for a different approach.

In all sports (and darts is a sport), coaching is universally recognised as the best way to improve ability and performance. The problem is darts coaches are rare and one to one coaching can be expensive. But thankfully now there is an alternative.

The Darts Masters Coaching Course e-book (available in English and Dutch) is an invaluable resource that no darter from novice to professional should be without. This in depth course written by Buxton & Scott Coaching is designed to significantly improve your level of play in six weeks!

This sounds great I hear you say but will it really work for me? The simple answer is yes and we are so confident that we guarantee it or your money back! You can even sign up for some free snippets from the course before deciding to buy.

The e-book contains 60 pages of powerful information, presented in an easy to follow step by step format with illustrations. The course is divided into two sections with the first dealing with the physical aspects of your throw. This allows you to break down and examine your action and gives you the means to add or eliminate movements within your action which will lead to greater consistency and accuracy. The second section takes you through the specialized mind training exercises which are designed to enhance your skill levels, taking you far above your present standard. This method of training is your roadmap to becoming the best darts player you can be.

But don't just take my word for it; here is what a few people have said about the course.

"I find my game has improved 100% and would like to thank you for giving me a route to a higher level in my darts." – Andrew Lee, Enkhuizen, Netherlands.

"When I sent for your training course I had been playing for years and continually trying to improve my throw. I even had a season off thinking when I came back I would start afresh but it didn't work. I just reached the same standard and stayed there. It was only when I applied just a couple of your tips that I started to improve and have since moved up from there to play in our top league, thanks". Shaun G, Penzance, UK.

This course is available in English and Dutch as an instant downloadable e-book from [playgreatdarts.co.uk](http://playgreatdarts.co.uk) at an amazing price of just £39! For the price of a cheap night out you can now purchase a resource which will improve your darts game.

If after working through the course and participating in the exercises you feel your darts game has shown no improvement, you can have a full refund. It is as simple as that, better darts or your money back.

This course is suitable for anybody from novice to professional as long as you have a desire to improve. Anybody who has ever thrown a dart knows the immense pleasure and satisfaction derived from hitting that

winning double, and your enjoyment will increase as your game gets better.

This course is not just about how to play darts, it contains serious methods of learning designed to improve your game beyond your optimum level in around six weeks. For more details on the course visit [www.playgreatdarts.co.uk](http://www.playgreatdarts.co.uk)

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