

## **Kirstin Schumaker Featured on SIconnect LIVE Online Discussion Group**

*90 Minute Session to Highlight Schumaker's Neuro-Vascular Structural Integration*

**BOULDER, Colo. - Jan. 12, 2016 - [PRLog](#)** -- Join us for this SI-Discussion on Neuro-Vascular SI. How can seeing and feeling into the Neuro-Vascular system affect your SI work? What questions and comments come to mind? Join in this group discussion if you are interested in exploring this topic.

Kirstin Schumaker, LMT, BCSICM (KMI certified in 2005) initially studied neural manipulation with Christoph Sommer (2006, 2009) and Don Hazen (2007-2008). She also assisted Jon Martine with his neural mobilization classes (2009-2010), when he came through her home town. More recently (2011-2014), she studied intensively with Jeffrey Burch. With Jeff, she has primarily studied visceral manipulation and “functional methods” from the osteopathic tradition, but she has also picked up some of Jeff’s tricks for working with nerves and arteries. Studying with Jeff has been invaluable to her practice, *and* she has continued to develop her own approaches to vascular release in the context of a structural integration practice.

Kirstin’s SI practice is now based on what she is calling “neurovascularly informed” myofascial work. She can no longer *not* pay attention to nerves and arteries as she works with the myofascia. This advanced myofascial work is amazingly efficient, and it is very fun to teach. Please join her for an exciting weekend.

**Kirstin Schumaker on SIconnect January 17th, 2016 11:00 p.m. –12:30 p.m. MST LEARN MORE HERE (<https://www.eventbrite.com/e/si-discussion-group-with-kir...>)**

*Dr. Ida Rolf* founded the work we call Structural Integration. Over the years this body of work has continued to evolve. Words like fascia, integration, alignment, core and layers are known and used in bodywork, research, exercise, movement systems, dance, sports, psychology, etc. Her vision reaches far and has touched many.

To find out more about SIconnect or to view their upcoming schedule, visit the web site below.

**SIconnect offers LIVE Discussion Groups and a Private Member’s Goup. [www.siconnect.us](http://www.siconnect.us)**

**About SIconnect Liz Stewart** Being a part of the *SI* community since 1991, I’ve been fortunate to learn from some remarkable people in our profession. I was profoundly touched and moved by my 10 series and movement work and like many before me, I went on to study *SI* at The Guild For Structural Integration. After graduation, I worked at GSI which gave me a chance to watch as many demo’s as possible. I helped in the office, cleaned the classroom, took photos for classroom models, started assisting in classes and over time joined the Faculty to teach Basic Trainings. Eventually, I left GSI faculty to be part of the larger *SI* community, offering CE courses on Series Review to graduates from IASI approved schools. Preserving the legacy of our profession, moving forward, and having a place for us to connect is my inspiration for creating *SIconnect*. Now you have access to teachers, products and people of interest who are helping to shape our field. Besides being a perpetual student, with a wonderful private practice in Boulder, Colorado. I study group dynamics and offer supervision for practitioners individually and in small groups.

Keywords: Structural Integration, Rolfing, Bodywork, Massage, Fascia, SIconnect

**Contact SIconnect**, Liz Stewart, at 720-406-3502 - [siconnectus@gmail.com](mailto:siconnectus@gmail.com)

## Contact

Liz Stewart

[\\*\\*\\*@gmail.com](mailto:***@gmail.com)

720-406-3502

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Source	SIconnect
City/Town	Boulder
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