

## Get Hypnotized And Reap The Benefits Of Hypnosis For Free

*Free demo and mini relaxation session by a local hypnotherapist in community centre for the world hypnotism day*

**Dec. 10, 2012** - [PRLog](#) -- CONTACT:

Ms Kemila Zsange, Certified Clinical Counselling-Hypnotherapist

Tel: (604) 687-4325

Website: [www.kemilahypnosis.com](http://www.kemilahypnosis.com)

(VANCOUVER) – December 10, 2012 - A certified clinical hypnotherapist and subconscious mind expert—who herself lost weight and improved public speaking using only self-hypnosis — is offering a free demo and mini relaxation sessions at West End Community Centre Open House on Saturday January 5, 2013 from 10am to 2:00pm.

Kemila Zsange has been an instructor at the West End Community Centre where she has lead a self-hypnosis course and Past Life Regression Workshop since the beginning of 2012. January 4 is the World Hypnotism Day. She finds no better day than this to offer to the public a chance to see what hypnosis can do to demonstrate the power of subconscious mind.

“It’s not a matter of initiating the power of our own subconscious mind. We use this power all the time. Unfortunately some of us have learned to use this power against us, rather than for us. That’s what they call ‘Self-Sabotage’, ‘Procrastination’, or ‘can’t get rid of bad habits’. None of these exists if you know how to communicate with, re-educate and sometimes unlearn from the subconscious mind.” says Kemila.

Kemila, an immigrant from China 10 years ago, holds a diploma of Clinical Counselling-Hypnotherapist. She uses self-hypnosis on a daily basis, and knows the power of our subconscious mind from inside out, after overcoming her own fears, such as fear of darkness and fear of public speaking. Her no non-sense, to the point workshops at the community center have been very well received. A student of Kemila, Alex who’s in her 80’s, tells us, “I take one class from Kemila and two weeks later, it still provides spinoffs. Her classes are always fun and informative, and it is the enabling part that I like the most.”

“Even a mini session can offer unexpected results.” Kemila comments, “because your own mind can really work wonders and present you with beautiful gifts if you allow it.”

Kemila is looking forward to meeting people who are hypnosis enthusiasts, who are curious on what hypnosis can do for them, who have questions, or answers, and who just want a free hypnosis mini session.

--- End ---

Source	Kemila Zsange Hypnotherapy & Counselling
City/Town	Vancouver
State/Province	British Columbia
Zip	V6G 2Y2
Country	Canada
Industry	<a href="#">Health</a>
Tags	<a href="#">Hypnotherapy</a> , <a href="#">Hypnosis</a> , <a href="#">Hypnotism</a> , <a href="#">Free Demo</a> , <a href="#">Relaxation</a>
Link	<a href="https://prlog.org/12040483">https://prlog.org/12040483</a>



Scan this QR Code with your SmartPhone to-

- \* Read this news online
- \* Contact author
- \* Bookmark or share online