

## **Alternative Medicine Courses in India, Indian Board of Alternative Medicines**

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**Nov. 5, 2010 - [PRLog](#)** -- Many medical practitioners resort to unconventional modes of treatment while healing wounds or treating diseases. The practices such as homeopathy, chiropractic, osteopathy, naturopathy or faith healing come under the broad category of alternative medicine. Certain practices of alternative medicine have been absorbed into the conventional practices and are known as complementary medicine, e.g. Acupuncture. Today, there a number of institutes that offers Alternative medicine courses.

India is a place where many alternative system of healthcare such as Ayurveda, Sidhha, and Unani had its origin. Legal recognition for a particular kind of alternative medicine varies from place to place, though in India the above mentioned practices along with homeopathy are recognized. However, naturopathy is in the process of being recognized as it is being taught in many universities.

**Qualifications:** There are several institutions across the country which provides courses in alternative medicines. There are mainly four kinds of courses offered and the requirements for those courses are given below:

The diploma courses in alternative medicine are of two years duration. It requires a candidate to have passed class X.

The courses of Bachelor Certificate in Alternative Medicines have is of two years duration and require the candidate to have passed class XII.

The Post Graduate degree Course is of 1 year duration and requires the candidate to be a M.B.B.S., B.H.M.S., D.M.S., D.H.M.S. or Medical Graduate from a recognized universities.

A Ph.D degree on alternative medicines can also be pursued once the post -graduation is completed.

**Benefits:** Allopathic medicines and treatments though reigning supreme still now, has a fair share of its disadvantages, whereas Alternative Medicines have no proven side effects.

This kind of treatment aims towards achieving a higher standard of health and concentrates on the emotional and psychological health of a patient besides his physical condition. This is making more and more people switch over to alternative medicines. It is thus beneficial for students of alternative medicines to pursue the courses in this field of study seriously.

**Scope in India:** India, being the birthplace of several alternative medicinal practices, provides huge scope for students. A separate national policy has been formed by the government keeping in mind the potential of this field of study. Both central and state governments and NGOs employ bachelor and PG degree holders at different levels. Pharmaceutical companies such as Dabur, Hamdard, Himalaya employ these professionals. With the growth in this industry there is an increasing scope of enjoying a successful career in this field.

**Scope Abroad:** The growing popularity of alternative medicine is not restricted to India only. Both European as well as American countries are shifting towards the holistic treatments offered by alternative medicines. The craze for Yoga and Ayurveda have increased manifold in the past decade. This is a good sign for practitioners as the scope of earning is more in the western countries. Even countries like Uruguay, Malayasia and others are looking for professionals in this field of alternative medicine. Thus, the prospect abroad for those pursuing a career in alternative medicine is quite promising.

#### Where to Study?

Indian Board of Alternative Medicine (Visit the Official Website on <http://www.altmedworld.net>) is a Government registered organization, internationally recognized and the largest institution of Alternative Medicine in India. It is duly incorporated under Act XXVI of 1961 of Government of West Bengal, based on the Central Government of India Act XXI of 1860 and the Literary & Scientific Institutions Act, 1854. The Board is also internationally affiliated with IAEWP - An Affiliate of the United Nations, UNICEF, UNESCO and ECOSOC.

The Indian Board of Alternative Medicines, is the only organization in India to be recognized by and affiliated to the United Nations University for Peace ( an international inter-governmental university established UN Resolution No. 35/55/5/XII/80) and duly recognized by the Government of India which is a signatory to the international agreement for the establishment of the University for Peace and Charter of the University for Peace of the UN.

True to its motto, "Indigenous Roots, Global Pursuits", the Board has brought alternative medicines to the attention of the masses and trained thousands of students in India and abroad through its various courses in the different disciplines of alternative medicines such as acupressure, acupuncture, aromatherapy, electro homeopathy, naturopathy, biochemical medicine, reiki, etc. to further facilitate the study of alternative medicines and provide a high standard of educational programs.

It would not be an exaggeration to state that despite the consistent advance of western medicine, affordable and effective health care is still beyond the reach of vast sections of the world's population, particularly those residing in the developing world. A few decades ago, it was generally assumed by the scientific community that medicinal plants, homeopathic doses, acupuncture needles, yoga etc. could be safely relegated to no more than a footnote of medical history. But this assumption has indeed turned out to be a very premature one. During the past two decades, the upsurge in herbology, acupressure, acupuncture and yoga etc. across the world has been phenomenal. This renewed interest has generated an international awareness on the richness and importance of the subject. It is to cater to this interest and the need for trained practitioners in the field of alternative medicines that the Indian Board of Alternative Medicines offers a variety of multi level courses in alternative medicines.

The Indian Board of Alternative Medicines is a leading educational academy, which offers a high standard of academic programs via means of regular classes and distance education, in the various alternative therapies. With a past and present student strength of around 80,000, the Institute's courses - diploma, bachelor certification and post graduate on acupressure, acupuncture, aroma therapy, biochemic medicines, indo allopathic, electro homeopathy, naturopathy, oriental medicine, yoga, reiki etc. are pursued in increasing number by students from all over the country and worldwide.

The Board conducts the following list of correspondence courses on alternative medicine:

#### Diploma Courses

## Bachelor Degree Programs

### Postgraduate / Doctorate Courses:

Doctor of Naturopathy / Natural Medicine (ND/NMD)  
Doctor of Oriental Medicine (OMD)  
Doctor of Holistic Medicine (HMD)  
Postgraduate Diploma Course in Alternative Medicine (PGDAM)  
Doctor of Medicine in Alternative Medicine MD(AM)  
Doctor of Philosophy in Alternative Medicines PhD(AM)  
Doctor of Science in Alternative Medicines DSc(AM).

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Indian Board of Alternative Medicine is an internationally recognized, Government registered institution of alternative medicines. Provides diploma, degree and postgraduate degree programs through correspondence in health and alternative medicine.

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