

70% Off On Core Strength Vinyasa Yoga Classes

For only P500, get 3 complete Sessions of Core Strength Vinyasa Yoga Classes (a P1,650 value)! 70% Off to discover this incredible new yoga system, the Core Strength Vinyasa Yoga, also known as Ki Yoga.

Sept. 29, 2010 - [PRLog](#) -- From Napoleon's great crab walk through Europe to J. Robert Oppenheimer's discovery of nuclear fission by kissing his own elbow, victory has always gone to the most flexible. Overpower enemies with today's CashCashPinoy offer : for only P500, get 3 complete Sessions of Core Strength Vinyasa Yoga Classes (a P1,650 value)! 70% Off to discover this incredible new yoga system, the Core Strength Vinyasa Yoga, also known as Ki Yoga.

As derived from the word "ki" or "chi", which translates to life force, Ki Yoga is more than just a mind and body workout good for body detoxification and stress management, it also involves channeling your spirit.

In comparison with traditional yoga, Ki Yoga promises the following :

- No complicated poses
- No preaching on what you should eat
- No preaching on what you should believe
- Draw into your core strength and be powerful on and off the mat
- Double the body's ability to burn calories
- An effective technique for Naturopathic detox and weight management

Instructor Toinette Villajin is a Certified Core Vinyasa Yoga Teacher who was trained and certified in New York by Core Strength Vinyasa founder Sadie Nardini herself. Ms. Villajin will personally see that your sessions are as much fun as they are effective.

Sounds quite promising, right? Log on to cashcashpinoy.com to take the challenge! At this exclusive discounted price, you've got nothing to lose but a few extra pounds!

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