

## **Go on Thai holiday and lose your 'Love handles how'll that happen?**

*More and more people are turning up at Dr Ronachai's clinic in Bangkok for instant fat removal but more surprisingly is the amount of men getting firmer pecs and an instant six pack!*

**July 15, 2010 - [PRLog](#)** -- Well I know what you may be thinking, but I've lived here in Thailand for 5 years and I did all that in the first few months.

I have recently been talking with Dr Ronachai the no 1 High def Vaser Liposuction surgeon in Thailand and I asked him recently where he finds the most satisfaction in his work, he told me it is when he sees new advancements in the medical profession, perhaps a new way to improve on existing methods and new procedures. And of course when former patients send him postcards in their new bikinis, the one they bought before they went to see him!!

Liposuction has come a long way since the big long pipes I first saw on TV in the eighties and it certainly has a place within the community of busy executives and working Mum's whom just struggle to find the time and energy to get to the gym at least 3 times a week. It takes around 2 sets of 50 'crunches' 3 times a week for three months to start seeing the start of a six pack! So, where does Lipo fit in, and where (on your body) do you get it done? Well ... the abdomen, "love handles", back, hips, thighs, breast, calf, upper arms, and chin.

VASER Hi Def is a new advancement in medical surgery and it so much less invasive than old methods and the results are so much quicker, and recovery time is to a minimum. It can be done on breasts, upper-backs, lower-backs, arms, buttocks, waists, and haunches for instance.

Traditionally, liposuction is defined as the removal of fat from deposits beneath the skin using a hollow stainless steel tube (called a cannula) with the assistance of a powerful vacuum. Liposuction can be accomplished either with the use of general anesthesia, or totally by local anesthesia.

It is a more invasive procedure which takes time to recover and more bruises occurring. It was initially developed by cosmetic surgeons to just remove unwanted body fats until new applications to liposuction exceedingly improved to VASER liposuction.

With increasing number of patients nowadays, who are seeking innovative advanced procedure to complete their satisfaction and desire, VASER liposuction greatly accelerated, began to thrive and instantly became the starting point of a more advanced technique, VASER ? Hi Def?

The latest 3D body sculpting technique using sound or ultrasonic waves to break down fats turning it into liquid, making body sculpting more exact and accurate by removing both the superficial and deep fats around the muscles.

I was astonished to find that more and more men are arriving at the clinic for a six pack and instant Pecs! It's instant I assure you, the before and after pics are not doctored in any way!

But probably the most interesting thing is the packages that are offered by Thailand's top surgeons . You can arrive on a Monday in Bangkok with 'Love handles' and by Thursday you are sat on Hua Hin Beach with a 'six pack' and enjoy 5 star luxury in what now are fantastic deals considering the recent unrest, that is all gone I assure you and NOW is the time for great deals. Vaser Liposuction is the difference between what is essentially the very latest in advancements in medical science.

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