

Janie Behr, Life Coach, Speaker and Author Joins Talk Radio Host Irina Wardas on Thursday Live

By Irina Wardas, CHHC

Dated: Apr 28, 2010

April is Women's Eye Health Month. Janie Behr, life coach, speaker and author of "Paint Your Walls Green: Six Keys to Unlocking the Power of Positive Change" will tell us her story about how she lost her sight and what she did to gain her vision.

San Diego, CA –April 28th, 2010: Janie Behr, Life Coach, a National Consultant, Speaking Professional and Author will appear on “Feel and Look Fabulous with Irina” <http://www.blogtalkradio.com/naturalcounselor> with host Irina Wardas on Thursday, April 29th at 12:30 ET. The exclusive interview will highlight practical tips on how to take care of your vision if you have common eye problems or glaucoma; more details on <http://www.naturalcounselor.com/radioshow>

Callers are welcome to join the conversation during the show by calling (347)-857-4862. The live, Internet talk-radio show will stream from the host page at <http://www.blogtalkradio.com/naturalcounselor>

“The exclusive interview with Janie Behr is a must-listen for all women who want to be inspired by the Janie’s journey that began with desperation and despair ended in happiness and success, said Irina Wardas, a founder of NaturalCounselor.com, a certified holistic health and nutrition counselor and host of the program. Janie’s story has fascinated and inspired thousands of women worldwide. We hope to answer some of her fans biggest questions.

An archive will be available at the same link immediately following the show or listeners can subscribe to the archive via the RSS feed located on the host page. Read more about the host and the discussion on <http://www.naturalcounselor.com/radioshow>

About Radio Show for Women “Feel and Look Fabulous with Irina”

Radio Show for Women “Feel and Look Fabulous with Irina” is interactive, live internet talk-radio show that focuses on holistic health, nutrition and relationship topics for women.

Irina Wardas explores tips, thoughts, ideas and suggestions to help women feel and look fabulous naturally. She interviews her guests on topics related to detox and cleanse, stress reduction, weight loss, relationships, sex, divorce and marriage tips, cooking, healthy recipes, beauty remedies, etc. Callers are encouraged to call (347)-857-4862 to listen or ask questions. The stream or archives are available at <http://www.blogtalkradio.com/naturalcounselor> The show is live every Wednesday at 12:30 pm Eastern 9:30 am PT. The show is hosted on BlogTalkRadio.

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Holistic Health and Wellness Counseling, Programs, Retreats, Radio Show for Women to help them feel and look fabulous naturally.

Category Health, Lifestyle

Tags

women's eye health month, glaucoma, visual health, eye diseases, ocular health, common eye problems, happiness

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