

Fort Washington Dentist Featured On Healthy Living Radio Show

Dr. Peter Merai of Comprehensive Dental Care of Oxon Hill is now offering free healthy living advice on Washington news radio, 1450 AM WOL. Every Monday Dr. Merai covers a wide variety of dental and general health topics.

March 10, 2010 - [PRLog](#) -- Washington DC dentist, Dr. Peter Merai of Comprehensive Dental Care of Oxon Hill, is now featured live each week on Washington news radio, 1450 AM. Dr. Merai will be discussing a variety of healthy living topics ranging from periodontal disease to oral cancer.

Washington residents can learn the latest news in oral health care, as well as discover valuable tips and advice for maintaining optimum oral health. Every Monday from 12:30-1pm, Dr. Peter Merai will be featured live on WOL 1450 AM. Dr. Merai will present news and information on a wide range of important health topics such as side effects of certain medications, the link between periodontal disease and diabetic patients, implant surgery and restoration, sedation dentistry, the relationship of oral health to overall health and wellbeing, healthy diets, exercise and much more.

An estimated 80 percent of American adults currently have some form of periodontal disease, an infection of the tissues that support the teeth. Research has shown and experts agree that infections associated with periodontal disease can lead to severe health risks including stroke, heart disease and other life threatening systemic diseases.

Dr. Merai's goal is to help Washington residents by educating them on how to prevent these very serious diseases and offer nutritional and healthy lifestyle habits as ongoing solutions. "This is information that unfortunately much of the general public is either unaware of or has turned a blind eye to," says Dr. Merai, "I hope that by raising awareness of the seriousness of proper oral health care for optimum overall health, Washington residents will take a more serious approach to adopting a healthy lifestyle."

Washington residents can listen live every Monday from 12:30-1pm online at <http://woldcnews.com/> or by tuning their radio to WOL 1450 AM.

About Dr. Peter Merai

Dr. Peter Merai is one of the most well known general and cosmetic dentists in the Washington DC area. Dr Merai served as a clinical instructor at Columbia University and Howard University. He received his BS in Biology from Boston College and his Doctor of Dental Surgery from Howard University College of Dentistry in Washington DC. Dr. Merai is near completion of a four year part time study leading to his Mastership in the Academy of General Dentistry.

For more information, visit <http://www.washingtondccosmeticdentists.net>

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