

Myopia Correction With Natural Treatment – Is It Possible ?

Myopia correction is generally treated by Lasik surgery or other eye surgery, that is how eye doctors would advice. In this era, with all the knowledge of natural therapies, there must be other alternative treatments.

Feb. 11, 2010 - [PRLog](#) -- In ancient time, our ancestors improve vision in various natural ways, but in this modern world, specially in the West, we only believe that myopia correction is possible to achieve by the aid of eye glasses or surgery.

The above fact makes us wonder how human kind ever survived at that time. One cannot imagine how poor sighted men hunt animals or pick fruits from the trees for their family. If myopia was popular at that time, and myopia correction were not possible then, how could a caveman go fishing or catching birds for their food ?

Most new born babies have perfect vision, but in today's modern society it seems that it is normal to wear prescribed glasses when people reach teens or twenties in treating myopia. If nearsightedness or farsightedness would only rely on eye glasses or surgery, how would our forefathers see their preys at 20 feet away ?

The invention of eye glasses were found just about 200 years ago, and eye surgery had been introduced around 50 years ago. Before then, the fact was myopia correction were achieved naturally. The truth is human beings can bring back their eye sight to normal condition naturally.

Elizabeth Moller, owner of [VisionBetter.net](#) has the pleasure in announcing an innovative program to improve vision based on the Bates Method which has been developed by Prof. Duke Peterson, ophthalmologist and author of *Vision Without Glasses*.

This method includes a series of eye relaxation techniques. These techniques allow the eyes to reshape themselves back to their normal shape, correcting most of the vision impairment people commonly experience. Myopia correction using this method enable patients experience the results within just a few weeks, many putting their glasses away and never to wear them again.

For those who need more information of "Vision Without Glasses" may visit <http://www.visionbetter.net> or may contact Ms Moller at : ernasuwidji@gmail.com. She may also be reached by phone at 065 61006284 or by mail at 20 Maxwell Road, Maxwell House # 09-17 #, Singapore 069113.

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Zip	Singapore 069113
Country	Singapore
Tags	Myopia Correction , Myopia , Nearsightedness
Link	https://prlog.org/10529870



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