

## **xtremepicks.com -- MDCE and ALTO - - More Huge Gainers To Come**

*xtremepicks.com -- MDCE and ALTO - - More Huge Gainers On The Way Good afternoon xtremepicks.com members The markets are under some selling pressure this options expiry Friday . Gold is trading at \$1131.00/oz.*

**Jan. 15, 2010 - [PRLog](#) -- xtremepicks.com -- MDCE and ALTO - Don't spend all your Profits This Weekend - More Huge Gainers On The Way**

Good afternoon xtremepicks.com members

The markets are under some selling pressure this options expiry Friday .  
Gold is trading at \$1131.00/oz.

The markets may lower today but our recent picks keep charging HIGHER.

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MDCE is trading at \$0.37 up another 9% at midday, volume is sitting at 19M shares.

Before the open MDCE had this to say:

LONDON--(Marketwire - 01/15/10) - Medical Care Technologies Inc. (OTC.BB:MDCE - News) today announced that the company has entered into discussions with Chinese local officials to launch MDCE's first Telehealth Clinic in North China. The Telehealth Clinic is planned to open in Tianjin, about 100 kilometers Southeast of Beijing, and will be the first of many that the company plans to open which will fully utilize MDCE's Telehealth technology.

MDCE is diligently working in conjunction with the local Tianjin authorities to assist in integrating itself into China's healthcare system at a grass roots level and to assist its mission to help China improve its much maligned health care systems. The move is also viewed as a vital source of income to MDCE.

Management plans to open Telehealth Clinic facilities in Tianjin and its surrounding areas which will offer family practice consultations, coordination and provision of prompt emergency evacuation through a global alarm center network, annual, general, and pre-employment health check-ups, a comprehensive range of vaccination services, health screening services for elderly patients and after-hours clinic visits for emergencies. Together with the Clinics and the Telehealth technologies, Management feels that it will be able to better Diagnose, Educate, and Treat patients.

In 2008, the Central Committee of the Communist Party of China and the State Council, jointly endorsed and issued the Guidelines on Deepening the Reform of the Health-Care System. In spite of the country's economic progress, the development of health care services in many areas has lagged behind. The health-care landscape is much different in China, where health insurance essentially does not exist and there is no established primary care system, people line up in hospital waiting rooms, sometimes for days, to be

treated. MDCE's new Telehealth Clinic would target the growing middle class in China who could afford the cost of treatment and address these issues by Educating the general population.

MDCE's new Telehealth Clinic is excited to be working with the local governments as they roll out the government's action plan on health care reform, which will eventually lay a solid foundation for equitable and universal access to essential health care for all in China. Under the 850B Yuan (\$124B USD) plan for 2009 to 2011, the government promised universal access to basic health insurance, introduction of an essential drug system, improved primary health care facilities, equitable access to basic public health services and pilot reform of state-run hospitals and med-clinics.

Ning Wu, President of MDCE, stated, "We are at the beginning of this relationship with the health care industry in China. We are committed to providing Telehealth Clinics of the highest standards of care in the cities and rural areas of China. We believe that through our Telehealth Clinics, we have the potential to catalyze progress towards enhanced human health and well-being in China."

#### About Medical Care Technologies Inc.

Medical Care Technologies Inc. ([www.medicaretech.com](http://www.medicaretech.com)) is traded under the symbol MDCE on the OTCBB and is based in London, England. The Company is in the process of moving its portfolio of oil resources into medical care technologies. The products/services that the company hopes to acquire are intended to constitute a healthcare delivery and wellness site, dedicated to helping Asian consumers live healthier, more balanced lives. MDCE is planning to provide advanced connectivity, internationally standardized and secure business technology and information systems to assist the Asian health industry -- physicians, pharmacists, medical institutions, and consumers in accessing medical resources, health services, education, wellness and pharmaceutical products throughout Asia. MDCE is planning to distribute and provide services at a diverse range of industry-leading product lines in three segments: Medical Devices, Pharmaceuticals and Nutraceuticals. Further information on the Company can be found at [www.sec.gov](http://www.sec.gov) and the company's website at [www.medicaretech.com](http://www.medicaretech.com)

Here's a few reasons why we really like this pick:

With the support of the CareBox, Telehealth devices, the Telehealth Suite and MedSuite, MDCE will:

- Hosts patient-specific Electronic Medical Records with pharmaceutical acquisition capabilities
- Facilitates remote processing of physiologic data, and bilateral real time audio-visual communication between patient and medical personnel
- Fosters audio-visual communication between family, friends and support groups in real time
- Provides Personal Health Maintenance Tools

But we love it because it continues to provide the types of returns our members have come to expect and our team continues to deliver.

ALTO has been on an uptick all day, last at \$0.57 that's nearly a 20% gain.

The wires are starting to buzz again as more and more analysts, money managers and wall street heavy hitters make the bullish case for GOLD.

Market watch had this to say about GOLD earlier today:

"by far, the metal we are most bullish on this year is gold, as we see continuing weakness in the U.S. dollar driving the yellow metal to new all-time highs, probably in the first quarter of this year,"

<http://www.marketwatch.com/story/metals-may-be-set-for-en...>

We have a feeling ALTO is on to something BIG, some of the most successful players in the industry are mining in the same area.

Before someone like a Newmont -- NEM or a Gold Fields - GFI move into a territory, you can be sure they have done the necessary due diligence on the site and they are there to make money.

ALTO is mining side by side with these giants, just Newmonts crumbs will make ALTO's shareholders rich !!!

Please remember to do your due diligence on MDCE and ALTO

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