

## **Black Cat Plus Radio Welcomes Body Image Expert Sarah Maria & Emily Wyche of Julie France Shapewear**

*Join us live from the Catwalk on Wednesday, January 13 at 3pm EST when we talk with body image expert Sarah Maria, author of Love Your Body, Love Your Life, and Emily Wyche, of shapewear brand, Julie France.*

**Jan. 12, 2010 - [PRLog](#)** -- In this month's podcast scheduled for Wednesday, January 13, 2009 at 3:00-3:45 p.m. EST. Black Cat Plus Radio will feature Sarah Maria, body image expert and Author of "Love Your Body, Love Your Life."

([http://www.amazon.com/Love-Your-Body-Life-Confidently/dp/1605501530/ref=sr\\_1\\_1?ie=UTF8&s=books&qid=1259362664&sr=1-1](http://www.amazon.com/Love-Your-Body-Life-Confidently/dp/1605501530/ref=sr_1_1?ie=UTF8&s=books&qid=1259362664&sr=1-1)) Sarah will discuss proactive steps to ending negative body obsession and living a happy, confident life in 2010.

Sarah Maria, a renown body-image expert who helps people love their bodies no matter how they look, shows people how to discover the beauty that is already inside of them, right now, in this moment. Once people connect with this beauty, they will discover that anything is possible - that they can create a body and a life that they truly love. Sarah Maria's mission is to create a world where every person sees the beauty in themselves and in others. Sarah Maria has trained with well-known teachers and physicians, including Deepak Chopra, Dr. David Simon, Wayne Dyer, and Jack Canfield, among others. Her work has been endorsed by Deepak Chopra, Dr. David Simon, and NY Times best-selling author Marci Shimoff, as well as many other notable physicians, psychologists, and educators. Before writing her first book, she received a law degree from Stanford and a Master's degree in international affairs from Columbia University.

The show is hosted by Jodell Raymond, who has worked in radio, television and advertising and marketing and as business consultant to companies and organizations on women's leadership issues. Jodell is also the Owner and CEO of Black Cat Plus. Jodell says about the show, "We are excited about the opportunity to use this medium to connect with our customers on a very different level and look forward to bringing the latest in plus size fashion and lifestyle news to an even broader audience. We look forward to talking with Sarah as we believe her work is important to helping women have a healthy relationship with their bodies "

Listeners can log onto the show live at on Wednesday, January 13, at 3:00 p.m. EST.

<http://www.blogtalkradio.com/BlackCatPlusRadio>. Shows are also archived for easy access.

### About BlogTalkRadio

BlogTalkRadio is a new medium, and an outlet for individuals to discuss their passion and interests. Black Cat Plus is looking for unique, credible approaches to joining their online conversation. Blackcatplusradio on BlogTalkRadio is that innovative approach. Publishers Weekly has recognized BlogTalkRadio as a legitimate promotional tool in "Blog Radio Site Draws Authors" (<http://www.publishersweekly.com/article/CA6515080.html>).

Those interested in appearing as a guest on blackcatplusradio can contact at the email and phone number listed on this release.

BlogTalkRadio is a social talk-radio network that hosts thousands of shows across all topics, including politics, sports, books, business, entertainment, health, paranormal, comedy and religion. Since the company's 2006 launch, over 73,000 shows have streamed from BlogTalkRadio. The network attracts over 2.6 million listeners each month. Talkers Magazine recently posited both that "...Internet talk radio has been growing steadily" and "...a strong case can be made that Internet talk radio is rapidly on its way to being a

major media movement in popular culture” in a recent article featuring BlogTalkRadio.

Launched in August 2006, BlogTalkRadio ([www.blogtalkradio.com](http://www.blogtalkradio.com)) is a free, Internet-based radio network that allows any user with a phone and computer to host a live, interactive radio show – no downloads or extra equipment needed. Each show can accommodate an unlimited number of live listeners. Upon completion of each broadcast, it is automatically archived “on demand” as a podcast. Since BTR’s launch, thousands of hosts have broadcast more than 100,000 episodes of its 3,000+ shows. Notable guests have included Brad Pitt, Robert Duval, Yoko Ono, Barack Obama, John McCain, Oliver Stone, Dennis Miller and Evander Holyfield.

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About Black Cat Plus: Black Cat Plus offers contemporary and stylish selections from brands including, Svoboda, Kiyonna, Sienna Rose, Comfy USA, Fenini, Simply Silk, and Not Your Daughter’s Jeans, as well as Canadian Designer Linda Lundstrom, Diane Kennedy, Neon Buddha and Pure & Co. Black Cat Plus showroom/boutique is located in Rochester, NY at 2171 Monroe Ave.

Black Cat Plus hosts a monthly radio program on BlogTalkRadio.com

(<http://www.blogtalkradio.com/blackcatplusradio>) which airs on the second Wednesday of each month.

Black Cat Plus Radio will feature interviews with plus size designers, stylists, models, and fitness and lifestyle experts. You can also find Black Cat Plus updates and site only specials on social networking sites Twitter (<https://twitter.com/blackcatplus>) and at its fan page on Facebook (<http://www.facebook.com/pages/wwwblackcatpluscom/112288109872>).

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Tags	<a href="#">Body</a> , <a href="#">Image</a> , <a href="#">Shapewear</a> , <a href="#">Plus</a> , <a href="#">Size</a> , <a href="#">Fashion</a> , <a href="#">Women</a>
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