

## Barlean's Omega Swirl 90% More Bio-available than Standard Fish Oil

*Barlean's Organic Oils, LLC manufactures and distributes high quality organic flax seed oils, fish oils, green food concentrates and other premium essential oils in both liquid bottles and capsules globally.*

**Jan. 12, 2010 - [PRLog](#)** -- In a clinical study conducted by The Centre for Nutritional Studies Barlean's Omega Swirl, a lemon flavored, emulsified fish oil product was found to be 90% more bio-available than standard fish oil.

In the study, the total percentage of oil that reached the blood stream was 10-times greater with Omega Swirl than the same dose of fish oil. Theoretically, it could take up to 20 standard fish oil gelcaps to equal the amount of Omega-3 delivered to the bloodstream by just one, two tsp. dose of Omega Swirl.

According to Barlean's, their proprietary Swirl technology creates a product resembling the taste and texture of a fruit smoothie – while significantly reducing the size of fish and flax oil molecules – allowing the oil to more efficiently pass through the intestinal wall and into the bloodstream.

Principal researcher Dr. Tom Gilhooly stated that in light of the extraordinary result of this preliminary study an expanded, peer-reviewed study is merited.

Blood analysis was performed by Stirling University in Scotland, renowned for cutting edge Omega-3 science. The latest “Ideal Omega” blood testing technology was used in the study.

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Barlean's Omega Swirls have won multiple “Best of Supplement” and “Tasters Choice” awards and has captured national media attention. Available in health food stores nationwide.

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