

Bullying in Schools: 6 methods of intervention

By Loggerhead Films

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With Ken Rigby One of the biggest challenges for any teacher is to decide what strategies to use to prevent and resolve bullying at school.

This new training resource for teachers outlines the pros and cons of six different approaches to bullying. It contains clear and practical guidance and shows how to apply each method, depending on the nature of the bullying and the resources available to deal with it.

Whether the bullying involves physical assault, isolation, verbal abuse, or group or one-on-one bullying, this informative DVD will empower you to:

- build confidence and skills
- understand more about different options and strategies
- evaluate which method is likely to be most effective in any given case of bullying

Six methods of intervention

Using actors and role-play, this DVD is ideal for staff training and teacher training. It helps you make better choices about your approach and shows you how to implement strategies more effectively.

1. The Traditional Disciplinary Approach

Setting out clear behaviour standards and using punishment to prevent and deter bullies from repeating their behaviour; punishment could include detention, loss of privileges, chores to be undertaken and even suspension.

2. Restorative Practice

Encouraging admission of bullying by the perpetrator and stimulating genuine remorse; helping the bully take steps to restore damaged relationships.

3. Strengthening the Victim

Helping and coaching students to confront a bully assertively; to stand firm and discourage the bullying behaviour through calm and controlled language; to redress the balance of perceived power.

4. Mediation

Assisting the bully and the victim in resolving their differences and helping them find a peaceful win-win solution or compromise.

5. The Support Group Method

Gaining the cooperation of the perpetrators by revealing to them the distress that has been experienced by the victim at a meeting in which students supportive of the victim are also present.

6. The Method of Shared Concern

Empowering the bullies to assist in resolving the bully/victim problem through the use of individual and group meetings with the participants.

DVD plus CD-ROM and comprehensive booklet with summary information and useful discussion

guidelines

Total running time: 45 minutes

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Ken Rigby

Ken Rigby is an ex-school teacher. Born in the UK, he is now Adjunct Professor (Research) in the School of Education at the University of South Australia. An international expert on peer victimisation, he has published widely in both academic and professional journals. He is the author of several books on bullying: *New Perspectives on Bullying* and *Stop the Bullying* (Jessica Kingsley) and, most recently, *Children and bullying: How parents and educators can reduce bullying in schools* (2008). Ken has been employed as a consultant and adviser to Australian State Education and Federal Education Departments and has been a speaker at many conferences in the UK and around the world.

Please visit our website to see a clip of this DVD or to place an order:

www.loggerheadfilms.co.uk

Reference to order 019G7 Bullying in Schools £99.50 + VAT

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Educational DVD publishers for staff training and classroom resources. Loggerhead Films has a wealth of teacher training experience, our goal is to encourage more effective learning in schools.

Having observed the acute need for good training materials that give teachers both flexibility of learning and also easy-to-follow demonstrations of good practice in classroom behaviour management, Loggerhead Films was set up to meet this growing demand.

DVDs bring powerful results

For schools today these specialist DVDs represent a new and powerful addition to individual teacher training, CPD programmes, INSET training days, development plans and induction programmes.

We understand the time pressures all teachers face and the need to have access to practical training that is easy to apply in typical classroom situations. The DVDs allow teachers to continually repeat and reinforce their own learning and manage classroom behaviour in new and more successful ways.

Category	Education
Tags	Bullying, schools, Education, victim, bully, strengthen the victim, mediation, restorative method
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