

## **Dr. Darryl Engel, DMD of KinderSmiles Offers a Discovery Tour for Youngsters' First Dental Visit**

*Dr. Darryl Engel of KinderSmiles in Oradell, NJ is offering a Discovery Tour for infant patients. In this tour, Dr. Engel will be guiding parents through a youngster's first dental experience and giving tips on maintaining a healthy smile.*

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For Immediate Release

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Dr. Darryl Engel, DMD of KinderSmiles  
Offers a Discovery Tour  
for Youngsters' First Dental Visit

(Engelwood Cliffs, New Jersey – August 27, 2009 ) Dr. Darryl Engel, DMD at KinderSmiles in Oradell New Jersey is offering a Discovery Tour for a child's first visit to the dentist. The American Academy of Pediatrics suggests that children who are at risk of early childhood cavities should visit a pediatric dentist by age 1. Although the idea of such early dental visits is still surprising to many new parents, the infant visit is endorsed by leading national public health groups.

More than 1 in 4 children in the United States have cavities by the time they are 4 years old, sometimes as early as age 2. To prevent early childhood cavities, parents first have to find out their child's risk of developing cavities, then learn how to manage diet, hygiene and fluoride to prevent problems before they start.

But cavities aren't all that parents need to learn about their child's dental health. The age 1 dental visit lets parents discuss:

- How to care for an infant's or toddler's mouth
- Appropriate use of fluoride for your child
- Oral habits, including finger and thumb sucking
- Ways to prevent oral and facial accidents and trauma
- Teething and developmental milestones
- The relationship between diet and oral health

After this first visit, the dentist will suggest a schedule of follow-up visits. In the past, dentists typically recommended follow-up visits every six months. Now, dentists are increasingly tailoring children's visits to their individual needs and risks. As your child grows, the dental team can share information that will help you prevent common oral problems.

## Choosing a Dentist for Your Infant?

Beware -many adult dentists are less familiar and less comfortable with infants and toddlers and for that reason it is best to take children to a pediatric dentist. The practice is catered to youngsters with toys in the waiting room, colorful dental offices and nurses and dentists that play with the kids, making their dental experience enjoyable and fun. Most adult dentist offices are not equipped with Dora the Explorer or Wonder Pets stickers and tooth brushes. Dr. Engel is offering a Discovery Tour for new patients to ease their fear of dentists. To book your Discovery Tour, please call (201) 262-0211

### About Darryl Engel, DMD:

#### About Dr. Darryl Engel

Dr. Darryl Engel received his dental degree at the University of Medicine and Dentistry of New Jersey. Dr. Engel attended a two year specialty program in Pediatric Dentistry at Montefiore Medical Center in the Bronx. Through his training, Dr. Engel has developed a unique approach to treating children and patients with special needs. Earning his board certification in early 2008, Dr. Engel is recognized as one of the top specialists in the field of pediatric dentistry. He holds a specialty license in pediatric dentistry from New Jersey and New York. Dr. Engel lives in northern New Jersey with his wife and three children.

#### About KinderSmiles

KinderSmiles Pediatric Dentistry and Orthodontics has quickly become the premier provider of children's dentistry and orthodontics for all ages in northern New Jersey. Pediatric Dentist Darryl Engel and Orthodontist Adam Schulhof have joined forces to develop a practice where patients can complete all their dental needs under one roof. KinderSmiles is located at 400 Kinderkamack Road, Oradell, NJ 07649 (201) 262-0211

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