

## Patients Find Link Between Migraine and Fibromyalgia

By CureTogether

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Patients at CureTogether who report migraine are 3.5x more likely to report having fibromyalgia than patients who don't report migraine. This comes from an analysis of 512 patients – please see the chart at <http://www.curetogether.com/blog>, and details below.

### About CureTogether

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CureTogether has been called “Yelp for health.” It is a collaboration of people from around the world volunteering to solve real problems in chronic conditions. Patients self-report and rate symptoms and treatments for over 360 conditions. The top conditions at CureTogether are depression, anxiety, migraine, back pain, and vulvodynia. More information is at <http://www.curetogether.com>.

### Migraine-Fibromyalgia Research

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The importance of this finding is that using only self-reported data, we have found an association between migraine and fibromyalgia that has previously been explored only in clinical studies such as:

1. 22% of female patients with migraine were found to also have fibromyalgia. <http://www.ncbi.nlm.nih.gov/pubmed/16556247>
2. Migraine, fibromyalgia, depression and anxiety were found to form a “comorbidity constellation”. <http://www.ncbi.nlm.nih.gov/pubmed/17578536>
3. Fibromyalgia is increasingly prevalent with increased headache frequency. <http://www.ncbi.nlm.nih.gov/pubmed/19170692>

### Details of the CureTogether Finding

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Among 270 people reporting migraine, 72 (27%) reported also having fibromyalgia, and the remaining 198 specifically reported not having fibromyalgia. Among 242 people reporting “no migraine”, 18 (7%) reported having fibromyalgia, and the remaining 224 people specifically reported not having fibromyalgia.

This 27% vs. 7% relative risk is statistically significant, with a 95% confidence interval of 2.2 – 5.9.

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CureTogether is a place where patients and researchers work together, doing open source research to find cures. Together we can make discoveries and work toward ending suffering for millions of people living with chronic conditions.

Category Health, Medical, Open source  
Tags migraine, fibromyalgia, Research, patients, curetogether, self-reported, data  
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