

New York Esthetician and Cosmetic Dental Surgeon Create Unique Approach to Wellness

Le Petite Spa Opens at Dr. Bard J. Levey's Smile Design Studio in Croton-on-Hudson, New York

Sept. 28, 2009 - [PRLog](#) -- Le Petite Spa, a new day spa utilizing organic-based products, has recently opened at Dr. Bard J. Levey's Smile Design Studio at 1 Baltic Place in Croton-on-Hudson, NY. This unique synergy is designed to take wellness one step further by offering clients an enhanced opportunity to look and feel their best.

Le Petite Spa specializes in customized facials, featuring naturally-harvested exotic botanical products, organic source vitamins, minerals, and phyto-nutrients to deliver the most beneficial skin care possible.

These products contain no artificial colors or preservatives and are never tested on animals. The spa also offers massage therapy and reflexology, which is acupressure on the feet to encourage a beneficial effect on other parts of the body.

"Dr. Levey and I set out to create a more holistic approach to wellness, and together, we will now be able to offer the best in oral health care, skin care and relaxation modalities," said Mary Prenon, owner of Le Petite Spa.

Ms. Prenon is a New York State Licensed Esthetician and holds a Certification in Reflexology. For the past three years, she has worked in local spas throughout the area providing facials and body treatments. Most recently, she worked with The Woodhouse Day Spa, a national chain destination spa, in its Hudson Valley location. She is a graduate of the New York School of Esthetics in Tarrytown, NY.

Ms. Prenon is also an accomplished public relations executive and freelance writer, who has been published in national, regional and local media outlets. Throughout her career, she has worked as a newspaper reporter, radio news anchor and reporter, and radio morning show host in the New York metro area. She has received awards from the Associated Press, as well as local community organizations, and is a member of the Board of Directors of Greater Ossining Television (GO-TV). Ms. Prenon holds a B.A. in Journalism from Temple University in Philadelphia, PA.

Dr. Levey, a recent winner of Westchester Magazine's Top Dentist Award, has been providing general and cosmetic dentistry services for almost 20 years. He is one of the most highly-trained cosmetic/restorative dentists for adults in Westchester County. His advanced training includes over 1,000 hours of continuing dental education since graduating from D.D.S. University of North Carolina at Chapel Hill.

Dr. Levey has designed his office to allow him to treat his patients as individuals, and not like a "dental factory" so common in today's world of medicine. "I learned a valuable lesson from my father, who was also a dentist -- attached to each tooth is a person, and you are treating the whole person, not just the tooth," he said. Dr. Levey is also a National Winner of the Best Smile Makeover, Empress Cover Model Competition of 2005.

Le Petite Spa will be open Fridays, from 9:30 a.m. to 7:00 p.m. and Saturdays, from 9:30 a.m. to 6:00 p.m. For information or appointments, please call toll free at 877-572-7851. Dr. Bard J. Levey's Smile Design Studio is open Monday through Thursday. For hours, please check his website at www.youramazingsmile.com or call (914) 271-6225.

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