

## **Minimally Invasive CABG – MIDCAB surgery India – types of surgery & cost in India**

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What is Minimally Invasive Heart Surgery ?

Minimally invasive heart surgery in India is performed through a small incision, often using specialized surgical instruments. The incision is about 2 to 4 inches instead of the 6- to 8-inch incision required for traditional surgery. Keyhole approaches or port-access techniques are also available for some types of surgery.

### Benefits of Minimally Invasive Heart Surgery

The benefits of minimally invasive heart surgery include : -

- 1) A smaller incision
- 2) A smaller scar

Other possible benefits of minimally invasive heart surgery may include : -

- \* Reduced risk of infection
- \* Less bleeding with minimally invasive heart surgery
- \* Less pain and trauma
- \* Decreased length of stay in hospital after the procedure: the average stay is 3 to 5 days after minimally invasive surgery, while the average stay after traditional heart surgery is 5 days
- \* Decreased recovery time: the average recovery time after minimally invasive heart surgery is 2 to 4 weeks, while the average recovery time after traditional heart surgery is 6 to 8 weeks

### Types of minimally invasive cardiovascular surgeries

Types of minimally invasive cardiovascular surgeries include : -

- > Valve surgery
- > Coronary artery bypass graft (CABG) surgery
- > Epicardial lead placement: placement of leads for biventricular pacemakers (cardiac resynchronization therapy)
- > Atrial fibrillation

Minimally invasive direct coronary artery bypass graft (MID CABG) surgery is an option for some patients who require a left internal mammary artery bypass graft to the left anterior descending artery. A small, 2-3 inch incision is made in the chest wall between the ribs, whereas the incision made during traditional CABG surgery is about 6 to 8 inches long and is made down the center of the sternum (breastbone)...

#### Robotic-assisted heart surgery in India

Robotically-assisted heart surgery, also called closed-chest heart surgery, is a type of minimally invasive surgery performed by a cardiac surgeon. The surgeon uses a specially-designed computer console to control surgical instruments on thin robotic arms.

Robotically-assisted surgery has changed the way certain heart operations are being performed. This technology allows surgeons to perform certain types of complex heart surgeries with smaller incisions and precise motion control, offering patients improved outcomes...

At We Care India partner hospitals, the robotically-assisted surgical technique can be used in select patients during these heart operations : -

- \* Mitral valve repair and replacement surgery and reoperations
- \* Tricuspid valve repair and replacement surgery and reoperations
- \* Combined mitral and tricuspid valve surgery
- \* Coronary artery bypass graft (CABG) surgery
- \* Atrial septal defect (ASD) repair
- \* Patent foramen ovale (PFO) repair
- \* Removal of cardiac tumors
- \* Lead placement on the surface of the left ventricle during a biventricular
- \* Pacemaker or defibrillator implant
- \* Catheter ablation for the treatment of paroxysmal atrial fibrillation (an intermittent irregular heart rhythm in the upper chambers of the heart)

Who is a candidate for minimally invasive heart surgery ?

Your cardiac surgeon will review the results of your diagnostic tests before your scheduled surgery to determine if you are a candidate for minimally invasive surgery. The surgical team will carefully weigh the advantages and disadvantages of minimally invasive heart surgery against traditional surgery.

#### Recovery after minimally invasive heart surgery

Patients who had minimally invasive surgery may be able to go home 3 to 5 days after surgery. Your health care team will follow your progress and help you recover as quickly as possible.

Your health care team will provide specific instructions for your recovery and return to work, including guidelines for activity, driving, incision care and diet.

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## We Care Core Values

“ We have a very simple business model that keeps you as the centre. ”

Having the industry's most elaborate and exclusive Patient Care and Clinical Coordination teams stationed at each partner hospital, we provide you the smoothest and seamless care ever imagined. With a ratio of one Patient Care Manager to five patients our patient care standards are unmatched across the sub continent.

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We Care Health Services provides treatment and surgery to international patients at JCI / ISO Internationally accredited hospitals in India. The partner hospitals of We Care are located in major cities of India including New Delhi, Gurgaon, Mumbai, Chennai, Bangalore and Hyderabad. The advanced and world class treatments offered at low cost all inclusive price packages are performed by USA / Europe trained and board certified doctors and surgeons. The partner hospitals in India include Apollo Hospital Bangalore, Apollo Hospital Chennai, Apollo Specialty Cancer Hospital Chennai, Apollo Hospital Hyderabad, Indraprastha Apollo Hospital New Delhi, Sagar Hospital Bangalore, Max Hospital Delhi, Max Heart and Vascular Institute Delhi, Fortis Hospital Delhi, Fortis Hospital Noida, Wockhardt Hospital Mumbai, Wockhardt Hospital Bangalore, Artemis Hospital Gurgaon, Escorts Heart Institute Hospital Delhi, MIOT Hospital Chennai, Narayana Heart Hospital Bangalore, Narayana Hospital and many more...

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