

Book Speaking Engagements on “Common Sense Fitness”

By *FACTS Fitness, Deborah MacArthur*

Dated: Sep 01, 2009

FACTS Fitness owner and Fitness Expert Tom Fenstermacher is offering motivational presentations to corporate and commercial audiences on the topic of Commonsense Fitness and Weight Loss.

Tom Fenstermacher is a health and fitness motivational speaker. He has been in the fitness field for over 20 years and brings a common sense, realistic approach to fitness, weight loss and healthy living.

His mission is to bring a simplistic, common sense approach to health and fitness to everyone including the reluctant and sedentary segment of the population. His down to earth and humorous delivery has been shown to engage and empower even the most reluctant potential fitness participant.

About Tom Fenstermacher

Tom is owner and president of FACTS Fitness. He started the company 13 years as an in-home personal training business and has grown into one of the leading fitness companies in the northeast.

Tom can make an appearance at a health fair, fitness class, health presentation, weight loss group, health expo, seminar, etc. If you represent a corporation, Tom can bring a motivational to your workforce at a company health fair, fitness seminar or lunch and learn.

###

FACTS Fitness specializes in commercial/corporate fitness mgt, staffing, facility design and consultation. Other services: Turn-key Fitness Operations, Feasibility Studies, Budgeting, Logistics, Consultation and more. Located in the suburbs of Phila, PA.

Category	Fitness, Health
Tags	corporate wellness, corporate fitness, fitness management, fitness center design and consultation
Email	Click to contact author
Phone	610-355-3236
Fax	610-355-7354
Address	3819 West Chester Pike Newtown Square, PA 19073
State/Province	Pennsylvania
Zip	19073
Country	United States
Link	http://prlog.org/10328615



Scan this QR Code with your SmartPhone to-

- * Read this news online
- * Contact author
- * Bookmark or share online