

## **Help me get my Ex back - How do I get my Ex back?**

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*Dated: Aug 17, 2009*

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Since time immemorial, in the relationships between women and men, relationships have been starting and relationships have been ending. Inevitably at some point or the other when someone leaves a relationship, there is a question that begs answering: How do I get my ex back?

Relationships are a bit like drugs. You get hooked on being together, on being a "couple". You get used to having someone with you to do things together, and doing things a certain way. Especially in the beginning, it is like the two of you are tied at the hip, inseparable.

Therefore, when a relationship goes bad, it really sucks being just one half of a whole again; Especially if you are still in love with the other person. Your whole world feels like it has fallen apart, like life has come to a grinding halt and you don't know where to turn from here. At times like this, it is quite normal for the partner that has been left behind to start thinking about ways to get back together with the partner that had left them.

There are ways and means of saving a relationship even after it has broken up, but there are a few things to consider before you start trying to get the ex back.

First of all you need to consider: do you really want that person back in your life? If the answer is yes, what are your reasons for wanting the ex back? Carefully examine your reasons before you take any steps to invite the ex partner back in your life and decide if saving the relationship is really worth it.

Secondly, for any broken relationship to be fixed, you need to consider the reasons that made it break down in the first place. Knowing the reasons why a relationship failed and knowing how to fix it, should be the first thing you should analyze before you attempt to get an ex back. You can not re-build a relationship if you don't know what happened to make it go sour in the first place, then take the necessary steps to rectify the problem; Without doing that, your relationship will not stand a chance.

Third, you will probably have to give the other person a bit of space to think things through. Chances are that they will miss you too and come back to you without you having to do too much. But then, you have to give them a chance to miss you!

You know the old adage about letting a bird free - if it comes back to you it's yours, if it doesn't, it never was. The people in our relationships sometimes need a bit of headspace to clear things up for themselves. Allow them to do that and you might be surprised at what might happen!

Is your relationship in dire need of some TLC? The Magic of Making Up can help you resuscitate your relationship and help you put the romance back into it. Relationship already broken up? Learn the secrets to getting your ex back!

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