

## **The Cause of and Solution to Lower Back Pain and Kidney Stones are the Same**

*Lower Back Pain and Kidney Stones share the same cause and now have a common 100% natural and effective solution.*

**Aug. 10, 2009** - [PRLog](#) -- FineTreatment.com has recently launched innovative devices, which provide effective treatment for these widespread health disorders.

### Lower Back Pain

First of all, more than 75% of adults in the UK suffer from this very painful health condition which, in some cases, makes them disabled. In the case of sciatica, lower back pain is often initiated by strain or overload of the back; while the “wear and tear” of the spine causes intervertebral discs problems.

The exact reason for persistence of sciatica, however, has until lately been unknown. The theory of ‘The Origin of Health Disorders’ written by Dr Simon Allen explains that the increased pressure inside the lower back area is the actual cause of the pain.

### Kidney Stones

Kidney Stones is a very painful health disorder, experienced by over 1 million adults in the UK. Kidney stones are solid concretions (crystal aggregations) formed in kidneys from dissolved urinary minerals. This means that the stones grow inside the kidney tissue and come out to the urinary tract.

What causes kidney stones to grow inside the kidneys has again been unknown until recently, when Dr Allen’s research findings created the Theory of The Origin of Health Disorders, which explains that: renal tubular acidosis and surplus of some minerals in blood are the initial triggers on which the surrounding tissue reacts by increasing of the number of capillaries and this enlarges the volume of the tissue here. Therefore a huge pressure builds up inside the organ. The crystals are pushed out towards urinary tube and form solid concretion.

### Dr Allen’s break-through research findings

In essence, the Theory of Capillaries’ Activity shows that many chronic health disorders are caused by the following consecutive processes at the capillary level:

1. Capillaries respond to different triggers (such as pain, stress, infection and others) by constricting;
2. The constriction of capillaries leads to the deficiency of blood in the stressed tissue of the organ, and thus to the lack of nutrients and the lowering of the temperature locally;
3. The lowering of the temperature locally eventually becomes a new trigger;
4. In order to increase blood flow to heat the stressed tissue, the expansion of the capillary network follows, leading to the growth of the tissue;
5. This tissue growth increases the pressure inside the organ and damages its proper functioning.

Thus, the increased pressure inside the affected organ is the actual cause of its disorder. Depending on the

rigidness of the organ's capsule, the pressure resulting from the tissue's growth either leads to the enlargement of the organ, or to the eventual necrosis of its tissue.

The discovery matches existing empirical evidence: an affected organ with a strong capsule tends to enlarge prior to necrosis of its tissue. For instance, it is common that a post heart attack examination reveals a left ventricular hypertrophy; the first symptom of hepatitis is the enlargement of liver, consequently leading to cirrhosis, i.e. necrosis of its tissue; patients with acute kidney failure tend to have their kidneys swollen and enlarged, while, in the case of chronic kidney failure, the kidneys are wrinkled. On the other hand, the tissue of the organs not surrounded by a strong capsule grows that leads to different kinds of tumour, like in the case of benign prostatic hyperplasia.

The Theory of Capillaries' Activity can have wide practical applications as it enables the development of new types of treatment for the causes of these health disorders, not just for their symptoms, using the same underlying principles.

Currently, the Dr Allen's Devices available via the [www.finetreatment.co.uk](http://www.finetreatment.co.uk):

Dr Allen's Device for Kidney Care

- Dissolves Kidney Stones and eases urination, relieves pain

Dr Allen's Device for Lower Back Pain Care

- Relieves pain naturally, without resorting to medication, recovers swelling on your back, numbness or weakness in one or both legs or around your buttocks

Dr Allen's Device for Lower Vertebrae Care

- Relieves pain, stiffness in your spine, inability to stand or walk straight

"Everyone will sooner or later benefit from this new method of preventing and treating various health problems," highlights Dr Allen. "It is an absolutely natural way to help your body tackle various internal health disorders by targeting not simply the symptoms of the disorders but their actual causes, without creating any adverse side-effects."

Dr Allen explains that the whole stressed area puffs up, putting the organ under a massive pressure from the swelling of the surrounding tissue, causing malfunction of the organ and pain.

"In order to stop the tissue from expanding and thus to help the organ to recover, it is essential to calm the capillaries. Consequently, the swelling disappears relaxing the organ and relieving the pain."

The natural thermo-elements are a major component of Dr Allen's therapeutic devices. They work on whichever area of the body they are applied to. By making the body temperature constant locally, Dr Allen's Devices create an ideal environment for the capillaries to stabilise the body temperature in the tissue of an affected organ and supply it with all necessary nutrients, thereby helping the organ to recover.

"The devices are up to 100% effective because they tackle the cause of the problem" he adds.

Notes to Editors:

Pictures and samples of Dr Allen's Devices are available upon request.

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Revolutionary Dr Allen's Devices treat different internal health conditions when they are applied to the skin in the projection of the affected area and provide a long-term treatment for the cause of pain and the disorder, not just its symptoms.

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