

HCG Dieters changing their Trends

By AMG LLC

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Over the years we've noticed a gradual trend in HCG Dieters and where they've gone for HCG assistance in losing weight.

The HCG Diet has been around assisting individuals lose weight for quite sometime. We've noticed a big difference in the results associated with either attending a Dr.'s Office or doing this from home. However, that's partially due to where HCG Dieters are getting help with their weight loss.

2.5 years ago we offered the same poll we did recently.

We asked, "I am doing the HCG Diet through:" and the results were -

- Dr.'s Office - 45 %
- HCG Clinic - 15%
- Personal Coach - 1%
- At Home - 29%
- Not Dieting - 8%

Now in 2009 when we asked the same exact question we found:

- Dr.'s Office - 16%**
- HCG Clinic - 10%**
- Personal Coach - 2%**
- At Home - 64%**
- Not Dieting - 6%**

It's very interesting to notice that those going to a Dr.'s Office to get access to The HCG Diet has dramatically decreased over the years. While, those administering The HCG Diet at Home has increased to 64%.

The HCG Diet is a very simple process where you can lose 1-2 lbs per day. You don't need a doctor to tell you how to do this. Kevin Trudeau introduced us to the concept of doing this from home 2.5 yrs ago and since that date the world has listened and followed suit.

If you are thinking about losing weight; or the Doctor has told you to lose weight for Health Reasons; consider The HCG Diet as an option to lose weight quickly.

To learn more on The HCG Diet visit us:

<http://www.pounds-and-inches.com> - Completely FREE HCG Diet Info.

Also if you haven't participated in our HCG Poll there are a couple days left to do so (at the top right-hand side of this page)

"Lost over 150 lbs in just 1 year!" - Linda, UT

"Lose 3 inches all around in 2.5 weeks" - Elisa, ID

"HCG is the answer I needed to get my body back on track." - Dorlene, AZ

"I lost 10 lbs in 1 week and I feel incredible." - Melissa, TX

" I have NEVER lost weight with such ease and felt this good." - Valerie, TX

"Doing The HCG Diet has helped me lose the baby weight I gained during pregnancy." - Tiffanie, UT

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The HCG Diet is dedicated to assisting over 250,000 people lose weight in 2009 and fast! On The HCG Diet Protocol you can lose 20-40 lbs in weeks. It's the fastest weightloss available.

Category Beauty, Health, Fitness

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