

Facials, Ingrown Hair Treatments and Laser Hair Removal For Black Skin

Bay Harbour Med Spa (est. 1987) has been expertly treating black men and women in South Florida for the last 22 years. Treatments include facials, ingrown hair treatments and laser hair removal.

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Lets face it, no matter what the pigment of your skin color may be we all suffer from skin care issues. However, the treatment of these issues due differ because men and women of dark or black complexion have certain biological issues that differ from men and women of lighter skin. If not treated carefully by an expert who understands and has experience treating dark or black skin more harm than good can be caused.

BAY HARBOUR MED SPA located in Miami Beach specifically caters to the skin care needs of Indian or African-American men and women. Bay Harbour Med Sap has been treating dark complexed men and women for over 30 years. With over 30 years of experience in African-American skin, it is conclusive that there are certain skin care issues that are prevalent amongst dark or black pigmented men and women.

Acne:

The etiology of acne is unknown. However, acne can result from several factors such an increase in hormone levels. In males testosterone or androgens. In females, androgens respectively. The increase in androgen levels can stimulate the oil glands to become enlarged and thus more oil production is produce. An increased oil production can clog the pores with oil or sebum (white thick substance) which cause the cell walls of the pores in the skin to breakdown. This process allows bacteria to form and thus breakouts develop. While teens are more susceptible to acne, men and women in their 20's-40's can get acne as well.

Acne in African-Americans can cause long lasting discolorations to the skin. It is important that black skin is treated with more care because there are products on the market that can cause pigment damage and the utmost care and knowledge is paramount when treating acne of black skin. Bay Harbour Med Spa carries products that are derived of natural fruit, vegetable or vitamin extracts which will help fight the bacteria causing the acne safely and effectively.

Ingrown Hairs of the face and beard (Razor Bumps) in both men and women:

Another issue in African-American skin care is ingrown hairs. While we often think that this only affects men, a large number of African-American women suffer from unwanted facial hair and as a result of shaving they get painful razor bumps. African-Americans have very course hair that is curved and often as a result of a close shave the curved hair will curl back into the skin causing painful and irritated razor bumps.

Bay Harbour Med Spa is the South Florida pioneer in hair reduction treatments specifically geared to treat this issue amongst dark or black skin. Bay Harbour Med Spa offers the only FDA laser hair reduction technology approved to safely and effectively treat black skin without causing any discoloration to the skin. For more information on laser hair removal for African-American skin please visit:
www.miamilaserhairremoval.com.

Hyper Pigmentation of the skin:

African American skin has larger melanosomes (cells that determine skin color) and the melanosomes contain more of the pigment melanin than those found in white skin. Because of the protective effect of melanin, African-Americans are better protected against skin cancer and premature wrinkling from sun exposure. Post inflammatory hyper pigmentation is quite common in dark skinned individuals, even after minor trauma. An area of the skin may darken after an injury such as a cut or a scrape, or after certain skin disorders such as acne. To avoid or reduce post inflammatory hyper pigmentation, avoid picking and harsh scrubbing. The only safe treatment to help with this issue is Crystal Microdermabrasion which gently and progressively (several treatments are required) will abrade (peel off) layers of the skin generating the growth of new skin cells. This process allows for the old skin to be gently sloughed off and new skin to grow resulting in lighter skin tone. For 13 years Bay Harbour Med Spa has been treating African-Americans with the Crystal Microdermabrasion medical grade machine and the results have been phenomenal.

BAY HARBOUR MED SPA OFFERS THE FOLLOWING TREATMENTS SPECIFICALLY GEARED FOR AFRICAN-AMERICAN TEENS, MEN AND WOMEN:

ACNE CLEANSING FACIALS

BACK FACIALS

SKIN CARE FOR MEN

CRYSTAL MICRODERMABRASION

ELECTROLYSIS

LASER HAIR REMOVAL

PRODUCTS SPECIFICALLY FORMULATED FOR THE SAFE CARE OF AFRICAN-AMERICAN SKIN

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