

## **Proven Method Revealed? Take Action And You Can Win Your Ex Boyfriend Back**

*So how can you win your boyfriend back? You have to remember that give and take goes hand in hand with any relationship. Every relationship is different, so every break up is different. But there are many things you can do to get your love back.*

**July 5, 2009** - [PRLog](#) -- Relationships are fragile bonds that need to be built up and maintained in order to keep them healthy and allow them to flourish. Unfortunately, break ups do happen, and they are always stressful. But there are many things you can do to win your boyfriend back.

If you are feeling overly anxious to win your ex back, you may be behaving in the wrong way, causing your ex to pull away. It is human nature in general to resist this kind of pressure. Struggling against human nature is absolutely pointless, and it will only make things worse.

So What can I do to get my lost love back? Follow this strategy instead.

Be as pleasant as you can whenever you're around him, unless the only way to do so is to be absolutely fake. If you make things uncomfortable when ever you see him, he'll only want to avoid you. Be strong. No one needs the needy, and this saying applies very well when it comes to broken up relationships. Let your ex think that you have moved on and you're just fine without him. When you've moved on, your ex will realize that he has not. During this time, your ex is going to experience a shift in how he feels about you, since you will no longer be pursuing him. You will become mysterious to him, because he is not sure what is going on with you. You must remember that the key to this strategy and repairing a break up is to work with human nature rather than attempting to work against it.

Get the heck out! This is no time for you to be alone. Call your friends and get out of the house. Develop a social network and enjoy your life. Not only will this be therapeutic for you, but it will also help convince your ex that they lost a gem. But if you're considering going out with someone just to make your ex jealous, that's not really fair to your date, or you. Games like this usually don't work. Be honest with yourself and others, and you stand a better chance of getting back together with your man. Simply be yourself. There was a really good reason for why you and your ex had a relationship to begin with, so go back to being yourself and let your ex remember why he loved you in the first place.

Just keep yourself grounded and avoid smothering him. Make yourself appear mysterious and he will be reminded why he loved you in the first place. Play hard to get (don't over do it) and let him make the first move, and you will come out on top. And then you will stop asking "What can I do to get my love back"

But keep in mind that just knowing how to win your boyfriend back is not enough. It won't happen unless you are willing to take action. Now!

To get the full story and all the details, check us out at <http://www.squidoo.com/WinYourBoyfriendBack>. Or you can visit <http://bit.ly/W5KGU>.

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Sarah Knight is specialized in relationship issues (e.g. dating, marriage, divorce) and the goal is to help people having problems related to these.

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Source Sarah Knight  
City/Town Gardner  
State/Province Massachusetts  
Zip 01440  
Country United States  
Industry Relationships, Love  
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