

## **Stilettoes and Sounds Open Mic Night features Writer and Poetess Onika Pascal**

*By JSW Media Group*

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*Newly inspired and creatively talented writer and poetess to perform and hold book-signing at New York restaurant in lieu of her first published book.*

Talented newcomer to the creative writing and poetry industry, Onika Pascal, will hold her first book signing Monday, June 29, 2009 at Five Spot Soul Food Restaurant in Brooklyn, NY. This event will be a part of Stilettoes and Sounds Weekly Open Mic Night, a weekly event where fashion and music meet.

Born in Trinidad, Pascalle Onika Lewis now resides in Brooklyn, New York, where she recently completed a Bachelor of Arts degree in Psychology at Medgar Evans College. Her first self-published book of poetry entitled, "Collections of a See Through Soul-Portraits," written under the pen name Onika Pascal, debuted in 2008. Since then, she has been working on many projects, including a new poetry volume, "Collections of a See Through Soul-Bardvillian Symphonies," and a memoir titled, "Becoming More Than Just An Orange."

Pascal's talent of turning words into phenomenal stories and pieces of art is one that is infectious. Pascal's publisher, Pam Osbey of Osbey Books, Inc. solidifies this:

"With words that pierce your soul and beg you to enter the temple of openness and curiosity for life, Onika Pascal's pen commands your attention at first glance," Osbey explains. "Working with this inquisitive soul whose spirit is unique through a lens all her own, I have been honored to see the progression of a writer who has only touched the surface of her literary purpose."

When she's not writing, Pascal serves as a group leader with the Misunderstood Youth Development Center, a non-profit organization that provides a place for youth to express themselves. It is here that Pascal shares the wonders of poetry with the teens in her group.

Along with the book-signing, Pascal will also perform a few pieces of her poetry. She will be accompanied by DJ C2 and a live band, which will provide music throughout the evening. Five Spot Soul Food Restaurant is located at 459 Myrtle Ave, Brooklyn, NY 11205. Doors open at 8:00pm, with show time at 9:30pm. Admission is \$5 per person.

For more information about the event please contact Shani Faure, the CEO of Stilettoes and Sounds at 347.235.7193 or shani@stilettoandsounds.com. For booking and interview requests, contact Jameka Whitten, JSW Media Group, at 704.965.3297 or Jameka@jswmediagroup.com.

Category	Books, Arts, Literature
Email	<a href="#">Click to email author</a>
Phone	704.965.3297
Address	1800 Camden Road Suite 107-8
City/Town	Charlotte
State/Province	North Carolina
Zip	28203
Country	United States