

PowerofSlow.org blogger Christine Louise Hohlbaum Launches Wednesday Wisdom Audio Series

By Christine Louise Hohlbaum

Dated: Jun 23, 2009

People from the street share how they find time to do what they love. Veteran blogger Christine Louise Hohlbaum launches a new audio series entitled Wednesday Wisdom to inspire others to make time for the things they love.

Munich, Germany – Veteran blogger Christine Louise Hohlbaum has launched a new audio series entitled Wednesday Wisdom to inspire others to make time for the things they love.

“I had just completed a video interview via Skype with ProjectShrink.com’s Bas de Baar about personal productivity when it hit me: I could reach even more people using technology, too,” says the American author from her home in the outskirts of Munich.

The idea for the audio series is to ask people to report on how they find time to do what they love amidst their productive lives. From business people to stay-at-home parents, the audio series features a breadth of individuals from across the United States.

“It’s a one-minute Oprah-like message in audio format,” claims Hohlbaum, who realizes people are more mobile today than ever. The one-minute verbal responses offer a moment of respite and encouraging insight from real people, a welcome change in these fast and uncertain times.

Hohlbaum’s forthcoming book, *The Power of Slow: 101 Ways to Save Time in Our 24/7 World* (ISBN: 0312570481, St. Martin’s Press, October 27, 2009) encourages readers to embrace a positive relationship with time so they have more of it. Time abundance and mindful living, not time famine and purposelessness, are the underlying precepts behind the power of slow.

Visitors can receive a Power of Slow Badge of Honor upon request by sending an email to christine@diaryofamother.com.

About PowerofSlow.org

www.PowerofSlow.org was founded in November 2008 as a blog to accompany Christine Louise Hohlbaum’s book, *The Power of Slow: 101 Ways to Save Time in Our 24/7 World* (St. Martin’s Press, October 2009). The topics range from work-life balance, task management, time perception, and management issues. Hohlbaum, who has been featured in *The New York Times*, CNN.com, *Chicago Tribune*, *San Francisco Chronicle*, *Christian Science Monitor*, *Woman’s Day*, NPR and more, strives to change the world through words.

Interviews available upon request.

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The Power of Slow advocates mindful living. By embracing a positive relationship with time, you can have more of it. The Power of Slow shows you how.

Category Time Management, Task Management, Business

Tags power of slow, time management, slow movement, slow living, mindful living, christine hohlbaum

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