

Permanent Hair Removal – Reduce Unwanted Hair for Summer

By Adessi Ltd

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Unwanted body hair can be a real pain but permanent hair removal solves that problem. Whether you have excess hair or hair you would just rather not have, waxing shaving and plucking can be a thing of the past. Get the facts here!

As that annual summer holiday draws closer, some people will be dreading the thought of wearing a bikini as it usually involves being waxed, shaved and plucked to the hilt, simply in the name of vanity.

Most people have unwanted hair, whether it's on the legs, underarms or even on your face, **permanent hair removal** <http://www.skigenesis.co.uk/treatments/hair-removal-treatment.html> treatments can offer a relatively painless process of removing unwanted hair and its results can be far longer lasting.

Hair removal treatment uses variable pulsed light technology (VPL), which is the most advanced **intense pulsed light** system available (**IPL**). It is sometimes misleadingly referred to as laser hair removal, however this is a completely different method. It can be used on any area of the body and unlike waxing and shaving, VPL largely reduces the chances of hair re-growth. With a number of treatments, the effects can be permanent meaning no more waxing, shaving, electrolysis or lasers.

Most women have probably experienced the excruciating pain of having a bikini wax or an underarm wax, which can then get worse if you're unlucky enough to suffer from ingrown hairs. With **VPL permanent hair removal** <http://www.skigenesis.co.uk/treatments/hair-removal-treatment.html>, those problems can be a thing of the past.

So how does VPL work?

Bursts of light from the VPL/ IPL machine heat the hair follicles and make the root incapable of further hair growth. The reason you may need several treatments is that this only works if the hair is in the growth stage. Hair will be in one of three stages; growth, dormant or dead and your therapist will choose your treatment interval to provide the best chance of catching each follicle in its growth stage before the end of your treatment course. The treatment works really well on dark hair and some blond hair but unfortunately has no effect on red, white or grey hair.

The treatment is comfortable; at the most you might feel a hot pinprick sensation in the area being treated for a second. It is definitely the safest and most comfortable method of removing unwanted hair.

Generally speaking the darker, denser and thicker the hair is, the more redness you might experience, but this will all be calmed and soothed with cooling pads and aloe vera gel, so there is absolutely nothing to worry about no matter how extensive your hair problem is.

I would advise avoiding tans, both real and fake, because the paler the skin the better the results and it also reduces any risks. Darker skin should be tested for sensitivity prior to treatment because there is a small risk of hyper or hypo pigmentation (lightening or darkening of the skin). There are however no long term side effects for this treatment, so any changes in the skin will be short-lived and temporary. Most people can resume normal daily activities after leaving the clinic.

Finally, what is the difference between VPL/IPL and laser hair removal?

Laser treatment is restricted to only producing a single wavelength of light, whilst VPL/IPL uses a range of wavelengths specifically chosen as the optimum level for maximum absorption of the light energy by the pigment in your hair (melanin). VPL/IPL also has the unique ability to infinitely configure a series of micro pulses that will not only effectively treat fine, medium and coarse hair, but will do it safely without damaging your skin whether it is white, brown or somewhere in between. In fact, VPL/IPL is so safe it will actually rejuvenate your skin at the same time as removing the unwanted hair.

Look for a clinic that provides VPL/IPL permanent hair removal today and become a hair-free, younger looking summer beauty this season!

SkinGenesis in Leeds, Manchester and Chester offer skin solutions to people throughout the North and the UK.

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SkinGenesis is a non-surgical cosmetic clinic specialising in acne treatment, cellulite reduction, thread vein removal, permanent hair removal, anti-ageing treatments, fat reduction and more. Provides IPL, mesotherapy, skin peels, and microdermabrasion.

Category Beauty, Fashion, Retail

Tags hair removal, permanent hair removal, laser hair removal, ipl hair removal, body hair, facial hair, bikini hair removal

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