

Dr. Abraham Katz Launches www.NV.IHateCPAP.com Serving Virginia/DC Metro Area

I Hate CPAP Comes to Herndon, Reston, Winchester , Leesburg, and Virginia/ DC Metro Area. Do you hate cpap? Call Dr. Katz at 1-888-99hatecpap

April 29, 2009 - [PRLog](#) -- Dr. Abraham Katz has joined the national I Hate CPAP campaign and launched www.NV.IHateCPAP.com to introduce oral appliance and cpap alternative options to Virginia sleep apnea sufferers who can't tolerate CPAP or have stopped using it.

Dr. Katz is improving lives in Herndon, Reston, Winchester and all around Loudon county Virginia with custom night-use oral appliances that keep the airway open, ensuring a restful night sleep and lowering his patients' risk of stroke, heart disease, and sleep-related car accidents.

Sleep apnea is a life threatening medical condition that is often treated with the CPAP machine. The problem is less than half the people prescribed CPAP use it regularly. Dr. Abraham Katz has joined the national I Hate CPAP campaign and launched www.NV.IHateCPAP.com to introduce oral appliance and cpap alternative options to sleep apnea sufferers who can't tolerate CPAP or have stopped using it.

Oral appliances have become a first-line therapy for the treatment of snoring and mild to moderate obstructive sleep apnea according to a recent article in Sleepmatters published by the National Sleep Foundation.

The online sleep medicine resource - www.IHATECPAP.com – founded by Dr Ira L Shapira of Gurnee, Illinois- promotes sleep medicine and emotionally connect with patients who have abandoned CPAP treatment due to negative experiences. Dr. Shapira points out that the online site and marketing program does not 'hate' CPAP, however many patients do which is why the site and program's name attracts thousands of patients and family members in search of a CPAP alternatives that can improve their sleep, health and prolong their lives.

The Academy of Dental Sleep Medicine supports the use of lightweight easy to use dental appliances that eliminates the inconvenience of carrying CPAP equipment when traveling and gives rest to those folks who don't like or want a CPAP.

Dr. Katz is a graduate of the world renowned Las Vegas Institute of Advanced Dental Studies and a Fellow of the International College of Oral Implantologists.

He has studied with the Dr. Ira Shapira, the founder and creator of the "I Hate CPAP" approach to solving sleep apnea and snoring problems.

For more than 35 years, Dr. Katz has been recognized as one of the finest dental care providers in the Washington D.C. are and Northern Virginia. His knowledge in general dentistry, as well as dental sleep medicine, restorative, neuromuscular and cosmetic dentistry has brought happy and healthy smiles to his patients.

Contact Abraham A. Katz, DDS at www.NV.IHateCPAP.com or call 1-888-99hatecpap

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Information on sleep apnea, sleep apnea treatment and cpap alternatives are available at www.ihatecpap.com This is the premiere site for the promotion of Dental Sleep Medicine and Sleep Apnea

Dentists.

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