

Dr. Karen Starkey of Ahwautkee, AZ now offers Bio-identical pellet hormone replacement therapy

I.R.I.S Centers announces Dr. Karen A. Starkey M.D., Women's Care Center in Ahwatukee, Arizona, will now offer Bio-Identical Hormone replacement therapy utilizing hormone pellet insertion.

March 10, 2009 - [PRLog](#) -- Dr. Karen Starkey is a board certified gynecologist who has practiced in the Phoenix area for 13 years and currently practices in Ahwatukee, Arizona. She can be found at the Foothills Health Center, 4530 East Ray Road, Phoenix, AZ.

Dr. Starkey is National American Menopause Society certified and a former pharmacist and is well versed in hormone replacement therapy for women. Bio-Identical hormones take the form of creams, pills and pellets, and all are discussed and offered, with the patient making the decision on what they feel is best for them. She is a sole practitioner, which allows her to establish a more personal relationship with her patients. Dr. Starkey feels this relationship is needed to better treat and diagnosis women's issues. She states it is her belief that, "women don't want to be rushed through an exam, without the time to develop a relationship and trust with their doctor," she feels this is especially important when treating the symptoms of hormone depletion.

For the benefit of her patients, she also offers Thermachoice® Ablation and Essure, permanent sterilization done in the office. These procedures are done in the office with a board certified anesthesiologist, and the patient can return to work in as little as one day.

Dr. Starkey offers other procedures, inclusive of the traditional gynecological surgeries, such as hysterectomy, TVT Secure and Prolift Mesh repair. Other procedures include cosmetic advanced laser procedures that are minimally invasive. Laser Vaginoplasty and Labioplasty correct problems that interfere with the daily lives of many women. Dr Starkey's goal is to offer women the latest and best treatments to improve their lives.

Along with all the general health procedures Dr. Starkey is offering Cosmetic treatments to her patients. The current treatments are Vaser® Liposuction, Smart-Lipo® (laser lipo), Restylane® and Botox.

To contact Dr. Starkey for appointments please call 480-857-7100

For more information, please visit our website at www.iriscenters.com.

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About IRIS Centers: Intimate Rejuvenation and Innovative Surgery Center was opened in Ahwatukee, AZ in 2007. Dr. Karen Starkey, the founder, is a board certified gynecologist, who has practiced in the Valley for 13 years. After years of delivering babies she saw a need in her patients that were now beyond that stage of life. IRIS Centers began to build its practice around the needs and wants of those patients. Dr. Starkey quit delivering babies and solely does Gynecology. Utilizing the latest in laser surgery, in office surgeries and in liposuction, Dr. Starkey is able to offer her patients the least invasive and the fastest recovery procedures. She became NAMS certified to offer her patients the best in hormone replacements. Dr. Starkey is patient focused, taking time to know and listen to her patients needs.

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