

Manuka Honey Benefits and Relevant uses for Medical Purposes

Manuka Honey is gaining a growing interest regarding its medicinal benefits. Meanwhile research continues to prove a wide range of positive results and multiple uses.

March 5, 2009 - [PRLog](#) -- Manuka Honey is derived from a floral source indigenous to New Zealand. This type of honey is effective in destroying microorganisms responsible for many adverse health conditions.

Honey was used prior to the 1940s and 1950s for medical purposes until it was replaced by other forms of traditional medicine and antibiotics. Now there is an elevated interest in its use treating burns, infected wounds, eczema, psoriasis and a number of fungal and bacterial infections.

Manuka Honey has what experts refer to as UMF or Unique Manuka Factor also termed methylglyoxal a plant derived component. Manuka Honey also contains hydrogen peroxide, osmolarity, acidity, and high levels of sugar giving it antibacterial qualities.

Manuka Honey has been examined in studies around the world for its antimicrobial activity. It has been recognized for its effectiveness at destroying bacterial and fungal microorganisms such as Escherichia coli (E. coli), Staphylococcus aureus (Staph infections), Citrobacter freundii, Proteus mirabilis, Pseudomonas aeruginosa, Salmonella typhimurium, Streptococcus faecalis, Streptococcus pyogenes, Helicobacter Pylori (H. pylori), stomach ulcers, Methicillin-resistant Staphylococcus aureus (MRSA).

There are a variety of reason to use Manuka honey for Medical Purposes- There are no known side effects, it has natural antibacterial, antimicrobial, antiviral, antioxidant, antiseptic, anti-inflanflammatory and anti-fungal properties, its moist healing environment allows new skin cells to grow across a healing wound flush with the surface of the wound allowing the skin to heal without deformity or scaring, it quickly clears infection by eliminating bacteria, regenerates new skin growth, repairs damaged skin, accelerates the healing process, eliminates malodor issues by destroying bacteria responsible for it, eliminates MRSA and VRE by destroying the bacteria at fault, prevents wounds from becoming infected, rids the body of dead skin cells and scabs allowing regrowth of healthy tissue, its all natural, and organic.

<http://honeymark.net/>

<http://manuka4you.wordpress.com>

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Honeymark has recognized the importance of introducing the medicinal benefits of utilizing Manuka Honey to the public. We at Honeymark believe that Manuka Honey is a resource that, once more recognized, will become widely accepted and regularly used.

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