

Christian 12 Step Recovery For People Who Use Drugs and Alcohol

Christian 12 Step Recovery is very similar to the 12 steps of Alcoholics Anonymous or Narcotics Anonymous. Christian 12 Step Recovery embraces Jesus Christ as the Higher Power talked about in AA or NA. The Christian 12 steps are backed by scriptures.

March 1, 2009 - [PRLog](#) -- The Twelve Steps of Christian Recovery

Christian 12 step recovery is world famous. It is hard to find someone who has not met a person who is "working the steps" or who has heard it talked about on television or in the movies. There are a number of reasons that the Christian 12 step recovery program has gotten to be so popular all over the world. For some it is easier than other programs. For others it is harder, but no matter what the small reasons for its success, the programs main reason for success is this: it works.

Transformations Treatment Center embraces the Christian 12 step approach for the clients who desire to participate in the Christian Drug Treatment Program.

<http://transformationstreatment.com/christian-drug-treatment.html>

Alcoholics Anonymous was the first program to create and adopt the Christian 12 step recovery program back in the 1930s. Since the program began, its steps have been used to cure all sorts of addictions. It is not only drug addicts and alcoholics who are benefiting from the system. Now the twelve steps are being applied to all sorts of other addictions as well. Workaholics are getting help by working the twelve steps as are people who have problems controlling their spending, gamblers, codependent people and sex addicts.

Almost everyone who suffers from an addiction, no matter what that person is addicted to, can be well served by following the twelve steps to get over their problem.

There are plenty of places to find the exact Christian 12 step recovery text. It is available at all alcoholics anonymous meetings, addiction recovery centers, the library and all over the internet. Because it is so readily available there is no need to list them in their original text here. Instead, this article will explain some of the steps that have gotten the most attention since the steps were developed.

Step one of the Christian 12 step recovery "road map" requires the addict to admit that he or she has zero power over his or her addiction. This is the most important step of the twelve and it must be done no matter what type of addiction recovery program the addict has enrolled in. It is not a coincidence that this is the first step of the twelve. Until an addict admits that he has a problem and that it has gotten out of control, he cannot hope to conquer the problem. After all if there is no problem, why does he need addiction recovery treatment at all? Nobody but the addict can take this first step.

Another popular step of Christian 12 step recovery is the third step. The third step requires the addict to turn his life over to God. It is important to acknowledge that this step includes language that specifies that God is an individual understanding had by each addict, which means that one person will have a different understanding of God than the person sitting next to him and that is okay. This step is incredibly popular among Christian rehab programs and other programs based on faith and it is often this step that gives an addict the most comfort. By turning his life over to God (as the addict understands him) he is acknowledging that he is not alone in the universe and that there is a higher power that is "pulling" for him to get sober and live a drug free life.

The most popular and widely recognized steps of Christian 12 step recovery are the eighth and ninth steps. These are the steps that require the addict to not only admit his or her past wrong doings but to ask for

forgiveness from those that he has hurt with his or her addiction in the past. These are often the hardest steps for addicts to complete and it is here that the addict has the most risk of relapse. This is because nobody wants to dredge up past pain, but the program requires past wrongness to be acknowledged and forgiven because until that happens the addict cannot move on or repair his former relationships.

Christian 12 step recovery is popular because it is easier to follow a clearly outlined recovery process.

Completing a step on the list gives the addict a sense of accomplishment that can give him the confidence he needs to go on to and work on the next step in the list. In addition to helping the addict get sober, the twelve steps provide advice on how to stay sober as they move on with their lives. The steps help addicts to leave old (bad) habits behind and choose new (healthy) habits for their futures. These steps, combined with regular church attendance and a built in sense of community are what make Christian drug addiction rehabilitation programs successful when many others fail.

If someone you know is suffering from an addiction to drugs or alcohol and has begun looking for help in getting his addiction under control, Christian 12 step recovery is a good place to start. Christian 12 step recovery is, arguably, the best drug addiction recovery program out there and has the highest rate of success. The steps have been adopted by drug addiction treatment centers all over the world. The program is not easy. Many addicts find the steps difficult, but the sense of accomplishment after completing all twelve will help them stay sober.

For more information about Christian 12 Step Recovery

<http://transformationstreatment.com/christian-drug-treatm...>

#

In addition to our traditional treatment program, we also offer our faith based drug and alcohol program which incorporates the 12 step recovery program with a Christ-centered approach. We believe that by combining the traditional 12 step program with biblical teachings we can empower individuals and inspire emotional and spiritual healing.

- * Individual Counseling
- * Christ-Centered 12 Step Program
- * Group Counseling
- * Education in Chemical Dependency
- * Pastoral Counseling
- * Church Attendance

866-211-5538

<http://transformationstreatment.com/christian-drug-treatment.html>

--- End ---

Source	Matt Brindisi
City/Town	Delray Beach
State/Province	Florida
Zip	33484
Country	United States
Industry	Services , Consumer , Healthcare
Tags	Christian Drug Treatment Center , Christian Treatment , Faith Based Treatment , Christian Rehab , Drugs

Link

<https://prlog.org/10191090>



Scan this QR Code with your SmartPhone to-

- * Read this news online
- * Contact author
- * Bookmark or share online