

Steve Jobs Hormone Imbalance - Complete Recovery in 6 Months

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If Steve Jobs does have a hormone imbalance we can expect a complete recovery in 6 months. Hormone imbalance can cause life-threatening symptoms and is easily addressed with bioidentical hormones, diet, and stress reduction.

Steve Jobs' Hormone Imbalance – Complete Recovery in Six Months

Maybe It Is ALL In Your Head...and You Are NOT Crazy! Many people have symptoms so severe they seem to be dying and yet medicine cannot come up with any cause. A simple hormone imbalance can do this. After diseases have been excluded, a simple blood test can pinpoint hormone imbalances. Key symptoms include weight problems, fatigue, pain (joint pain and muscle pain), anxiety and panic attacks and loss of short term memory. Simple hormone replacement with bioidentical hormones often resolves the problem.

Austin, Texas – January 6, 2009. Steve Jobs recently announced that his obvious weight loss and weakened condition was a result of “hormone imbalance”. This announcement was met with a barrage of medical opinions suggesting that no such entity exists. Research at the Roby Institute dealing with hormone imbalance and hormone allergy suggests Steve Jobs' Diagnosis may be dead on. If the diagnosis is correct, then Steve Jobs can expect a complete recovery within three to six months.

The imbalance causes the body to operate with the emergency hormone adrenalin. The chronic use of this major stress hormone leads to fatigue and all manner of stress-related disorders. They include chronic fatigue syndrome, weight disorders, pain, fibromyalgia, arthritis, shortness of breath and anxiety. The patients are easily identified...they feel serious symptoms...and their doctor insists there is nothing wrong with them. Often the patients are led to believe...“it is all in your head”.....

A readily available blood test for hormones could measure for such an imbalance. Hormones tested include estradiol, testosterone, thyroid, cortisol and DHEA. An imbalance could be treated by hormone replacement therapy (HRT) or supplements. Lifestyle changes are often prescribed (“long, slow, distance” as in walking) since stress is a common factor. The patients are usually intense individuals with increasing stress in their lives.

The disorder is rarely diagnosed because doctors are not trained to look for it. In 2006, Texas researchers at the Roby Institute and the University of Texas, Austin, published the first paper describing hormone imbalance (Hormone Allergy, AJRI). In 2008, Dr. Roby of the Roby Institute published the book, “Maybe It IS All in Your Head...and You Are NOT Crazy!” (Amazon.com and Amazon Kindle).

Professor R. H. Richardson (The University of Texas, Austin) is one of the authors of paper on Hormone Allergy. He points out that there is often a precipitating factor that pushes us into adrenalin hyper-drive. Dr. Roby states that in Mr. Jobs' case the precipitating event was probably the pancreatic cancer. It can be a divorce, job loss or a severe illness. Once something like that occurs, the pattern of adrenalin driven behavior and body responses become fairly common. He points out that these are very intense people, even as young children. The intensity results from having been born low in cortisol. If there are low levels of cortisol, the result can be high adrenaline. As kids they are described as ADHD (alternating with ADD, as “when I am not brilliant, I am stupid”). Children with these qualities are often called hyperactive.

Roby states, “All this energy is very useful...These people get a lot done. They are the professionals, the intense and highly productive people we see all around us. But, in their adult years the use of adrenalin increases and there is less balance. So, they begin to use adrenalin more and more.” The consequences are all the disorders medicine lumps into the “syndrome” basket. Symptoms, often severe, with no disease detected, no known cause and no treatment available. So, physicians treat the symptoms of fatigue (antidepressants), or pain (narcotics as in fibromyalgia) or steroids for all the inflammatory disorders that

seem to accompany this agitated condition.

So, to deal with this problem The Roby Institute suggests measuring the hormones and correcting any imbalance. This almost always requires supplementing DHEA and often testosterone (in men) or estradiol (in women). Researchers emphasize the importance of helping the patient become more aware of the adrenal effect and stress. Sometimes the patients are instructed to wear a pulse meter with a wristwatch alarm to warn them of up-ticks in their adrenalin. Dr. Roby states, “We explain that without moderate movement designed to get rid of adrenalin...nothing will ever change. So, we introduce them to the concept of moderation. Particularly with respect to movement. The people with this disorder are always intense and their movement often is as well.”

Steve Jobs’ Hormone Imbalance. Complete Recovery in Six Months. Researchers in Texas, Boston, Brazil and India are exploring the diagnosis and treatment of hormone imbalance. Hormone imbalance may cause a wide variety of symptoms including weight disorders, fatigue, pain, chest tightness, anxiety and loss of short term memory.

This common disorder may affect half of all patients seeking medical attention. The blood tests for hormone imbalance are readily available at all clinical labs. The treatment is safe, effective and inexpensive.

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