

## **ESSpa Kozmetika: Spa Seminars**

*By ESSpa Kozmetika*

*Dated: Jan 28, 2009*

*ESSpa Kozmetika would like the Pittsburgh area to know that Eva Sztupka-Kerschbaumer is now available for spa seminars provided for businesses and organizations.*

PITTSBURGH, Jan 28th- ESSpa Kozmetika would like the Pittsburgh area to know that Eva Sztupka-Kerschbaumer is now available for spa seminars for businesses and organizations.

Sztupka-Kerschbaumer, owner and Hungarian skin care expert of ESSpa Kozmetika has had a number of requests for her to speak and demonstrate European skincare techniques at various business seminars. Now, she is available for her own skincare seminars. These special engagements allow Eva to share her primary belief that having a facial, massage or other skincare treatment really shouldn't focus on the luxury of being pampered - it should focus on how to achieve and maintain the health of your skin and body.

Sztupka-Kerschbaumer had this to say about improper skincare maintenance. "The problem is that most of us pay little or no attention to skincare until something goes wrong (acne breakouts, roseaca, wrinkles, sun damage, etc.) and then we run to the dermatologist and try to medicate the symptoms without finding the cause. Let's face it, everybody wants to live forever and look great but few take the time required to properly maintain ourselves - we want the quick fix (surgery, a pill, a tuck here or there). While this may alleviate the immediate problem, it is an unnatural and unhealthy way to live your life."

Whether you are a small business, organization, or even a corporation, Eva's seminars can help you and your employees to proper skincare. They will look and feel better as well as be a healthier being and in turn, your employee's performance will improve because they will know that you care.

The seminar usually takes between 2.5 to 3 hours and provides businesses and organizations with a unique opportunity to address the unnoticed health requirements of their human resources. Call 412-782-3888 today for details and scheduling.

Think about how much time, money and effort is spent trying to design buildings, chairs, and workstations that make people feel better. Now add the time each of your associates spends every day in front of the mirror trimming, brushing, and applying a complex array of products for the sole purpose of making themselves look better. Why - because when a person looks better they feel better about themselves. It is a proven fact that people who feel better are incredibly more productive.

The trick is how do you get the benefits of looking (and feeling) good without spending 3 hours in the bathroom (or at the salon) every day? The Eva Sztupka Skincare Seminar will educate your associates about their skin and teach them a step by step plan to help them properly maintain their skin and body health. The Seminar uses a four block approach.

\$80.00

She is also privileged to have other professionals come to ESSpa Kozmetika to visit with our clients at the Spa. Call 412-969-3989 for more details.

ESSpa Kozmetika Organic Skincare & Day Spa exists within an organically restored WWI-era auto dealership located just 8 miles north of Downtown Pittsburgh in Aspinwall Borough. Eva and her team of Hungarian-trained professionals use only the finest and handmade products in facials, massages, body and nail treatments that are each designed to go beyond mere relaxation and deliver better-looking, healthy skin. It is Eva's belief that a trip to a spa should never be considered a luxury and that regular visits to ESSpa

Kozmetika Organic Skincare treatments are true preventative medicine that should be routine for the entire family – even children.

For more information contact:  
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ESSpa Kozmetika was voted best spa in Pittsburgh, PA four years in a row and the 3rd best spa in America. Our mission is simple - to provide you with the finest skincare and body treatments in a comfortable, relaxing environment at a reasonable price.

Category	Beauty, Business, Health
Tags	beauty, skincare, Business, spa seminars, spa, services, facials, manicures and pedicures, Health
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