

Global Fast Partner - Food for the Poor - Named #1 Charity

Source: Global Fast

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Global Fast partner, Food For the Poor, is named #1 US charity by the Chronicle of Philanthropy with a year-over-trend exceeding 96% efficiency.

(Los Angeles) – With so many charities out there today, one of the key issues facing donors is which charity will put their donation to good use with wisdom and efficiency. As a young movement, Global Fast has inspired tens of thousands of fasters by partnering with the very best charities to save lives.

Food For The Poor, the most active charity partner of Global Fast, has recently been named the #1 international aid charity in the US by the Chronicle of Philanthropy. Both in terms of quality of giving, and quantity of giving, Food For The Poor has consistently excelled.

With a year-over-year trend of exceeding 96% efficiency, Food For The Poor is among the most highly efficient charities in the US. This marker means that more than 96 cents of every dollar donated goes directly to the projects that impact the most needy communities of Latin America and the Caribbean.

In December of 2007, the first Global Fast fishing village project was launched with Food For The Poor in Anse d’Hainault, Haiti. To date, the project has provided an ongoing source of economic development and food for a village of more than 1,000 people in one of the more neglected areas of the Haitian coastline.

Global Fast participants went hungry again during 2008 to build another fishing village project that is planned to launch in mid-2009 on the northern coast of Haiti. Both projects provide a source of income, food and sustainable economic development to some of the poorest communities in Haiti.

“We are so pleased to see the continued excellent work of Food For The Poor,” said Rich Halvorson, director of Global Fast. “Their continued service to the poor is an inspiration to our fasters, and to many other charities.”

About Food For the Poor

Established in 1982, Food For The Poor provides nourishing food, safe shelter, necessary medical care, educational materials, support for orphans and the aged, development projects and much more to the poorest of the poor in 16 countries in the Caribbean and Latin America. Food for the Poor Site:

www.foodforthe poor.org Food for the Poor press release: http://www.foodforthe poor.org/site/c.dnJGKNNsFmG/b.4711379/k.61ED/103008_Food_For_The_Poor_is_1_Nonprofit.htm

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About Global Fast

The mission of Global Fast is to save lives through fasting and charity. Global Fast changes the world through inspiring personal sacrifice and deeper compassion for others. Our aim is to create both more charity and more deeply charitable people – thereby creating both local and global impact. By partnering with the most efficient, innovative and sustainable charities, Global Fast empowers individuals and communities to create significant global change by giving water, freedom and opportunity in the areas they are most needed. Global Fast was inspired by the call to create change through fasting in Isaiah 58. Global Fast directs 100% of all fasting donations to the area of need designated by the faster. For more information

log onto <http://www.globalfast.org>.

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