

Pete Thomas, of NBC's *The Biggest Loser*, to Keynote Health and Wellness Event for Willis, Inc.

*Pete Thomas, of NBC's *The Biggest Loser*, will provide motivation and inspiration for corporate wellness initiatives as part of a Health and Wellness kickoff event for Willis, Inc.*

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Knoxville, Tennessee, October 20, 2008 – Pete Thomas, \$100,000 at-home prize winner of NBC's *The Biggest Loser*, will keynote the Winning the Future of Healthcare With Willis seminar on October 21, 2008.

Thomas' keynote, "Winning at Health and Wellness," will serve as the motivational kickoff for Willis' cutting-edge event focusing on wellness as the future of healthcare. The event, which is closed to the public, will highlight Willis' wellness tools and resources for organizations to roll out to their employees.

"We can all be winners when it comes to health and wellness and it is time for healthcare to embrace that idea," says Thomas. "As a leader in the global field of insurance, Willis Holdings Groups is the perfect group to lead the charge with this important wellness initiative. I am certain that with Willis' tools and my unique expertise, this event will produce many winners at health and wellness."

Pete Thomas, an expert on health and fitness, began his motivational speaking career after losing 185lbs in just nine months as part of season 2 of NBC's *The Biggest Loser*.

After earning the prize for the contestant who lost the most weight after leaving *The Biggest Loser* ranch in 2005, Pete Thomas dedicated his life to helping others by sharing the information he learned while on the show.

"We are thrilled to welcome Pete Thomas to keynote this extraordinary event." notes Rocky Goode, SR, Vice President of Employee Benefits, Willis of Tennessee. "Pete's high-energy approach to health, wellness and motivation are a winning combination with our efforts to impact claims costs, productivity measures and employee turnover for our organizations."

Thomas' experience on *The Biggest Loser*, as well as his own exhaustive research into wellness, has resulted in the Pete Thomas Lose It Fast, Lose It Forever (tm) customized weight loss program. He now delivers that class free during his new Weight Loss Wednesday conference call series. Pete Thomas is a motivational speaker, instructor and coach for health and wellness. For more information on Pete Thomas, visit www.winningman.com.

Willis Group Holdings Limited is a leading global insurance broker, developing and delivering professional insurance, reinsurance, risk management, financial and human resource consulting and actuarial services to corporations, public entities and institutions around the world. Willis has more than 300 offices in some 100 countries, with a global team of approximately 16,000 Associates serving clients in some 190 countries. Additional information on Willis may be found at www.willis.com.

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At winningman.com, we strive to help people make healthy changes. Pete Thomas, of NBC's The Biggest Loser, has developed weight loss techniques and programs to bring wellness to any individual or group.

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